

FIDELITY HOUSE

25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location

www.fidelityhouse.org 781-648-2005



fidelityhouse@fidelityhouse.net

WE ARE A NON-PROFIT COMMUNITY/YOUTH CENTER!

Programs offered for Youth, preschool through high school and adults.



The Edward F. Woods Gymnasium!

A gift from those that have come through here for generations to come!



SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.

Parents have the option of enrolling in either

- ☒ our After School Program,
- ☒ our Full Day/Snow Day program or
- ☒ BOTH After School & Full Day Programs

The SACCP After School Program is based at Fidelity House. Hours are from 2-5:45 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. The program consists of: arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.



The SACCP Full Day/Snow Day Program We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate. Special local trips and events are planned for those days.



The School Age Child Care Program Daily After School Schedule & Activities

2:15—3:00 Arrival / Snack / Play Time
3:00 Meeting and Choice Activities
(See activities below)
4:00 Specific Age Group Activities (See activities below)
5:00 Quiet games, Choice Time, Clean-up
5:45 Close of Program



We feature a variety of activities including:

Arts & Crafts	Special events
Sports-indoor/outdoor	Chess
Computer time	Gymnastics
Science activities	Ice Skating
Homework Club	Field trips
Contests & Games	Music
Trips to local parks	Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF

Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.



The staff is composed of college graduates and undergraduates with a wealth of experience working with children.

PRESCHOOL & PRE-K



50 years! PRESCHOOL PROGRAM The Preschool, now in its 50th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m..or 8:30 -5:00 p.m. Early drop off options available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m.. or 8:30 - 5:00 p.m. Early drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.

PROGRAMS FOR TODDLER through 1st GRADE AGE

GYMNASTICS Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1st grade age. Program to begin October 3 Flyers describing the program in detail are available.

Tot TIME- Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences. Program will start mid October .
Day, Time TBA.

Tot Sports Academy - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m.

Basketball—Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. September 28—November 2, 5 weeks (no 10/12), \$50, \$10 Fidelity House PS/PK fee. November 9—December 14, 6 weeks, \$60, \$10 Fidelity House PS/PK fee.

Multi sports & Games Tuesdays. The players will be introduced to sports & games in a safe environment. September 29—November 3, 6 weeks, \$60, \$10 Fidelity House PS/PK fee. November 10—December 15, 6 weeks, \$60, \$10 Fidelity House PS/PK fee.

Soccer— Fridays. The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. October 2—November 6, 6 weeks, \$60, \$10 Fidelity House PS/PK fee. November 13—December 18 (no 11/27) 5 weeks, \$50, \$10 Fidelity House PS/PK fee.

SPORTS ACADEMY 3:30—4 p.m. Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:30—4 p.m. **WHIFFLE BALL**—Tuesdays— 5 week session begins September 29 – October 27, \$35. **INDOOR SOCCER**—Wednesdays—5 week session begins September 30—October 28, \$35, November 4—December 16, (No 11/11 or 11/25), 5 weeks, \$35. **KICKBALL**-Fridays-5 week session begins October 2 – October 30, \$35. **BASKETBALL** begins Friday, November 6– December 18 (no 11/27), 6 weeks, \$42 & **PILLO POLO** begins Tuesday, November 10- December 15, 6 weeks, \$42. ** Please note – School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

NEIGHBORHOOD BASKETBALL LEAGUE (N.B.L.)- Fun with a purpose! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Session to begin Saturday December 5.

Grades 2 - 5



These are special interest youth programs offered for both our school age child care participants and registered 2nd – 5th grade youth attending *during* the scheduled class time. Please plan accordingly.

GIRLS GRADES 2 – 5 SKILLS & DRILLS-

Basketball clinics for 2th – 5th grade girls to familiarize them with the game of hoop and improve their individual skills while playing with their friends. Program on Mondays, 4:00—4:45 p.m. September 28—November 2 (no 10/12), 5 week session, \$50.

GR. 2-5 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Grades 2—5 meet from 4—4:45 p.m. **WHIFFLE BALL**—Tuesdays— 5 week session begins September 29 – October 27, \$50. **INDOOR SOCCER**—Wednesdays—5 week session begins September 30—October 28, \$50, November 4—December 16, (No 11/11 or 11/25), 5 weeks, \$50. **KICK-BALL**—Fridays—5 week session begins October 2 – October 30, \$50. **BASKETBALL** begins Friday, November 6– December 18 (no 11/27), 6 weeks, \$60 & **FLOORBALL** begins Tuesday, November 10- December 15, 6 weeks, \$60. ** Please note – School Age Child Care Participants sign up for a reduced fee if attending the day of the program.



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RUNNING CLUB - Stretching, running games and varying length runs for 2nd—5th graders are part of this 6 week session on Mondays. 3:30—4 p.m., September 28—November 9 (no 10/12), 6 weeks, \$42.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Thursdays, 4—4:45 p.m., 2 – 5th grade, October 1 -- Nov. 5, 6 weeks, \$48, November 12—December 17 (no 11/26), 5 weeks, \$40.

INTRAMURAL BASKETBALL LEAGUE –

Fall intramural league for 5th – 8th graders. Games played on Friday nights AND Saturday mornings. League games include drills before each game. Teams drafted on September 25 & 26 5th & 6th graders come Friday, 9/25, 6:30 - 7:15 p.m. & Saturday, 9/26, 9:30 - 10:30 a.m.. Games played through December 11, \$125.

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Program begins in October. Flyers describing the program in detail are available.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK

CLUB –Who: Girls 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. –8 weeks, October 7 – December 9 (no 11/11 or 11/25) \$64.

NEIGHBORHOOD BASKETBALL

LEAGUE- Fun with a purpose! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Session to begin Saturday December 5.

CHESS CLUB—The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 4– 4:45 p.m., October 6—November 10 (no 11/3), 5 weeks, \$35, November 17—December 15, 5 weeks, \$35.

OPEN RECREATION

Recreation program is offered for youth in 6th grade and up. 5th grade open recreation hours are offered Friday evenings and Saturdays. Members combine an age appropriate drop-in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. A **5th grade and up current membership** is required for *all drop-in & some youth programs*.

Members bring membership cards with them to check in.

YEARLY MEMBERSHIP – 5th Grade & up

Note– Opening Day is Tuesday, October 13.

A membership form needs to be filled out for *each* child

6th grade & up 1 year membership = \$100.00 & 5th grade school year membership = \$40.00

OR One Day Guest Fee = \$5.00

One Day Pass = .50 cents (for those who forgot their card) Replacement Membership Card = \$5.00



GRADES 6 and up

Tues– Friday 2:15—5:30 p.m.

(note, No Mondays)

GRADES 5 and up

Friday evening 5:30 - 10 p.m.

Saturday 9 a.m.-3 p.m.

We ENCOURAGE you to JOIN our many programs offered throughout the year!

There are lasting benefits to staying active!

***Meeting new friends**

***Trying new experiences**

***Obtaining new skills & perspectives**

***Health benefits**

LOVE FIHO?

SPREAD THE WORD!

I went to
PRESCHOOL
there! I still have
friends I met there!

**GREAT
PLACE to
play
BASKETBALL**

Days off from
school *never* bother
me, they always
have a program for
my kids!

**DAY CAMP WAS
THE BEST!!** I learned
to **SWIM** at Camp!!

I went to all the
Fidelity House
DANCES....
LOVED them!!!

I wish I
could go on
all the Trips
my
children go
on!!

**It's the
Best kept
secret in
Arlington!!!**

YOUR recommendations

are VERY IMPORTANT to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005

WWW.FIDELITYHOUSE.ORG



Grades 6 - 8



Note— *current memberships required for participation.

INTRAMURAL BASKETBALL LEAGUE –

Fall intramural league for 5th – 8th graders. Games played on Friday nights AND Saturday mornings. League games include drills before each game. Teams drafted on September 25 & 26. 5th & 6th graders come Friday, 9/25, 6:30 - 7:15 p.m. & Saturday, 9/26, 9:30 - 10:30 a.m.. 7th & 8th graders come Friday, 9/25, 7:15—8:15 p.m. & Saturday, 9/26, 10:30 - 11:30 a.m.. Games played through December 11, \$125 *current memberships required for participation.

MIDDLE SCHOOL SKILLS & DRILLS

Coed Basketball clinics for 6th – 8th graders to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program on Mondays 4:45 – 6:00 p.m. Begins Monday, September 28—November 2 (no 10/12), 5 week session, \$50, \$15 drop in fee. *current memberships required for



Adults- If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information. *current memberships required for participation.

NANCY DREW MYSTERY BOOK

CLUB –Who: Girls 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. –8 weeks, October 7– December 9 (no 11/11, 11/25), \$64.

FIDELITY HOUSE KINGS FALL AAU-

AAU Basketball program for players who want to Play More Hoop in a competitive environment. Weekly practices, skills & drills clinics, scrimmages and tournaments are included. September thru November Program. Spring AAU begins in March.

PERIODICALLY... special events and trips offered for the 6th – 8th grade age. Our weekly newsletter, website highlight scheduled trips. Advance registration is required.

ONGOING...Membership or Guest Fee required.

GYM TIME- Times to be posted.



DROP-IN GAME ROOM-
Open Tuesday thru Friday
2:15—5:30 p.m.,
The room is equipped with pool tables, ping pong, chess, cable TV & video games.

High School



HIGH SCHOOL SKILLS & DRILLS- Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program on Mondays 6—7:30 p.m. Begins September 28– November 16 (no program October 12), 7 week session, full session or drop in options, \$105. A Turkey Tune up 3 day program will be offered. Friday—Sunday, Nov. 27– 29.



FALL HIGH SCHOOL LEAGUE – Fidelity House hosts a league for high school age players. Games are played on Sundays , September 13 thru November 22.

VOLUNTEER EXPERIENCE- Thinking of working with children or a sports-related career your future? Opportunities to gain experience and/or fulfill your school community service requirements! Give us a call!

ONGOING...Membership or Guest Fee required. **HIGH SCHOOL GYM TIME-TBA.**



Mark your calendar!

Saturday, -Sept. 19, Arlington Town Day Festivities.
VOLUNTEERS NEEDED & APPRECIATED

Tuesday - Oct. 13—16- OPENING WEEK of OPEN RECREATION PROGRAM

Preschool/Tot Halloween Party- Friday, Oct. 30, 10:30—11:30 a.m. All are welcome!

Wednesday, Nov. 11- Full Day Programs offered for Kindergarten and up & Play More Hoop Clinic offered

Thursday, November 26- Building Closed for Thanksgiving

High School Turkey Tune up Basketball clinic Friday through Sunday, Nov. 27 –29

Winter School Break, December 28, 29 , 30, 31-Full Day Programs offered for Kindergarten and up, 2 day Play More Hoop Clinic

December 24, 25, 26 & January 1 - Building Closed for the Christmas & New Year Holidays

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.

ADULTS

MENS' BASKETBALL LEAGUE – Games played on Tuesday evenings. Teams/individuals may sign up. Team fee = \$950. Leagues year round.

ADULT VOLUNTEERS- If you are available to help out short term/long term or seasonal, please call.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please give us a call.

We're a Non-Profit Community Center!



We can **ALWAYS** use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon, Longest Night Luminary Sponsorship, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Golf Tournament*

Supporting *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.

Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!



Wish List List Outdoor playground houses, arts & crafts supplies including paper towel/ tissue tubes, legos, decks of cards, office supplies, chess sets, Nintendo Cube/Video Systems.

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

If there is a program you would like to see offered or if you have a talent you might like to share with other, please, give us a call!

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

GYM RENTALS- *Limited* times available for Rentals, usually in 1.5 - 2 hour blocks. Ongoing or 1 time use. Call for details.



RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!

**The
EDWARD F. WOODS
Gymnasium is
BUILT!!**

**...now the REAL WORK BEGINS!
Help us bridge the gap so we can
focus on what REALLY
MATTERS..building up our YOUTH!**



Donations still needed, welcome & appreciated!

Donations accepted at Fidelity House and online at fidelityhouse.org.

FIDELITY HOUSE, 25 Medford St., Arlington



HALLOWEEN LANTERN PARTY!

COSTUMES WELCOME!

Friday, Oct. 30, 10:30 – 11:30 a.m.

Toddlers – 5 years welcome!!

**Make your own jack-o- LANTERNS to carry ...
COSTUME PARADES ... fun Halloween
GAMES... ACTIVITY AREAS include
Monster Pen, Monster Mash Dance area,
Spider Web & Batmobile Obstacle Course**

7th Annual **FIDELITY HOUSE, 25 Medford St, Arlington, MA**



"LIGHT UP A CHILD'S FUTURE"

LUMINAR WALKWAY



Light the Night and help light up a child's future!

Fidelity House will be *lighting* up our walkway with luminaries

leading up to the **l o n g e s t** night of the year, December 14th– 21st!

Honor the **past & present** while helping childrens'
futures and sponsor a luminary:

Go to

FIDELITYHOUSE.ORG



to Sponsor in **Honor of, In Memory Of** or Simply Support Childrens' futures!

****Don't forget to Walk or Drive by Fidelity House
December 14 through December 21 after dark!**