FIDELITY HOUSE



25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location www.fidelityhouse.org 781-648-2005 Edward F. Woods, Executive Director Winter 2024-25





















DONATE to the Fidelity House Capital Campaign!



SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.

Parents have the option of enrolling in either our After School Program,

our Full Day/Snow Day program or

BOTH After School & Full Day Programs

The SACCP After School Program is based at Fidelity House. Hours are from 2:15-5:45

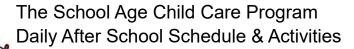
p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. The program consists of: arts & crafts, sports,

table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

The SACCP Full Day/Snow Day Pro-

gram We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their

child to participate in. Special local trips and special events are planned for those day.



2:15 Arrival / Snack / Play Time3:00 Meeting and Choice Activities (See activities below)4:00 Specific Age Group Activities

4:00 Specific Age Group Activities (See activities below)

5:00 Quiet games, Choice Time, Clean-up

5:45 Close of Program

We feature a variety of activities including:

Arts & Crafts	Special events
Sports-indoor/outdoor	Chess
Computer time	Gymnastics
Science activities	Gaga Ball Pit
Running Club	Field trips
Contests & Games	Music
Trips to local parks	Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF



Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.

The staff is composed of college graduates and undergraduates with a wealth of experience working with children.



PRESCHOOL & PRE-K



48 years! PRESCHOOL PROGRAM The Preschool, now in its 48th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m..or 8:30 a.m.-5:00 p.m. Early 8 a.m/7:30 a.m. drop off option available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures de-

scribing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced

Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings



from 8:30-12:30 p.m., 8:30—3:30 p.m. or 8:30 a.m. - 5:00 p.m. Early 8 a.m./7:30 a.m. drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail.











FIDELITY HOUSE PRESCHOOL

*Established in 1976 *Experienced Staff

*Hours are 8:30 -12:30, 8:30 -3:30, 8:30 -5 p.m.

or 2:00 -5 p.m. *Early drop off 8:00/7:30 a.m. option

*Choose 2-5 Days FOR 2.9 – 5 YEAR OLDS

*licensed by the Dept.of Early Education & Care



It's ALWAYS a good time to START!

Preschool, Grades K - 2

These are special interest youth programs offered for both our school age child care participants and registered K—2nd grade youth attending during the scheduled class time. Please plan accordingly. School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

GYMNASTICS Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1st grade age. Winter program to begin January 2. Flyers describing the program in detail are available.

POLAR BEAR FOOTBALL—Flag Football games played on Fridays, 3:15—4 p.m., Outdoor activity, dress appropriately. Grades 2—6, begins January 3—February 14, \$28, \$10 SACCP fee.

GIRLS IN THE HOUSE –Girls only action for K—2nd grade, on Thursdays, 3:15—4 p.m. Sports & group games will be incorporated into the fun. January 2—February 13, \$28, \$10 SACCP fee.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Tuesday, 3:15—4 p.m., k—2nd grade. January 7—February 11, \$30, \$10 SACCP fee.

NEIGHBORHOOD BASKETBALL LEAGUE --

Offered on Saturday Afternoons, January 4 – February 8 (6 sessions) at Arlington Catholic. Each session will include an individual skills clinic, team drills and game. Kindergarten - 2nd graders attend 4 – 5 p.m., NBL will use Junior Size basketballs to introduce basketball skills & proper technique. Grades K-2 will also use 8-foot hoops.

YOGA-Kids yoga for Gr. k—6 is a fun, exercise-based yoga class for children that incorporates poses, breathing, and creative activities to help children develop strength, flexibility, and coordination. Fridays, 3:15—4 p.m., January 3—February 14, \$28, \$10 SACCP fee.

CUP STACKING CLUB- Yes, cup stacking, also known as sport stacking, is a sport! The goal of the sport is to stack and unstack cups as quickly as possible. It requires both speed, creativity and there are unlimited challenges associated with it. Offered for K—2nd grade, on Fridays, 3:15—4 p.m. January 3—February 14., \$28, \$10 SACCP fee.

PILLO POLO/HOCKEY— Pillo Polo is a popular recreation and physical education game that has been around for over 40 years. Pillo Polo has all the ingredients of floor hockey, but uses a lightweight Pillo Polo stick which features a foam head on the end for accurate contact with the ball. Offered for k—2nd grade Wednesdays, 3:15—4 p.m., January 8—February 12, \$ 24, \$10 SACCP fee.

CHESS CLUB-The Chess Club gives K—1st graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Thursdays, 3:15—4 p.m., January 2—February 13, \$35, \$10 SACCP fee. 2nd—6th graders play Tuesdays, 3:15—4 p.m., January 7—February 11, \$30, \$10 SACCP fee.

ARCHERY- This fun, recreational program for grades 2—6 will feature weekly drills and skill games to become better archers! Tuesdays, 4—4:45 p.m., January 7—February 11, \$30, SACCP fee is \$10.,

LEGO CLUB- Design, build & finish your own/group lego creations working off a different theme each week. Offered Wednesdays for Grades k -2, 3:15—4:00 pm. January 2—February 13, \$28, \$10 SACCP fee.

POP UP PROGRAMS- One to two class POP UP Programs for kids will be offered periodically that are fun, offer a chance to try something new and do not require a big time commitment. Upcoming 4—4:45 p.m. programs for Grades 3—6 are Tuesday, January 14 - Puppet Theater & Tuesday, February 4-February 11, Masking Tape Animals.

BILLIARDS/POOL CLUB- This program is designed to introduce youth to the game of billiards (often referred to as pool), providing them with a fun environment to learn basic skills, practice shots, and participate in friendly competition. It will focus on understanding the game, developing hand-eye coordination, strategic thinking, and sportsmanship,. Offered for grade 2—6 on Wednesdays,, 1:30—2:45 p.m.. January 8—February 12, \$24, \$10 SACCP fee.

It starts with

One Place.....

☆

☆

☆

☆

☆

 $\stackrel{\wedge}{\simeq}$

☆

☆

One Program...

One Child.....

One Volunteer...One Dollar!
See how just ONE can make all the difference at
FIDELITY HOUSE!

\$\frac{1}{2} \display \displeq \display \display \display \display \display \display \display

Be that ONE- Join a program, volunteer, donate...it all helps!!



Grades 3 - 6

These are special interest youth programs offered for both our school age child care participants and registered $3^{\rm rd}-6^{\rm 4h}$ grade youth attending during the scheduled class time. Please plan accordingly. School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

POLAR BEAR FOOTBALL—Flag Football games played on Fridays, 3:15—4 p.m., Outdoor activity, dress appropriately. Grades 2—6, begins January 3—February 14, \$28, \$10 SACCP fee.

GIRLS IN THE HOUSE —Girls only action for 3rd—6th grade, on Thursdays, 4—4:45 p.m. Sports & group games will be incorporated into the fun. January 2—February 13, \$28, \$10 SACCP fee.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Tuesday, 4—4:45 p.m., 3rd—6th grade. January 7—February 11, \$30, \$10 SACCP fee.

CHESS CLUB-The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 3:15—4 p.m., January 7—February 11, \$30, \$10 SACCP fee.

PING PONG CLUB— Learn & improve ping pong skills while having fun and playing in tournament action. Offered on Mondays, 3:15—4 p.m., grades 3—6th grade. January 6—February 10 (No 1/20), \$25, \$10 SACCP fee.

YOGA Kids yoga for Gr. k—6 is a fun, exercise-based yoga class for children that incorporates poses, breathing, and creative activities to help children develop strength, flexibility, and coordination. Fridays, 3:15—4 p.m., January 3—February 14, \$28, \$10 SACCP fee.

CUP STACKING CLUB- Yes, cup stacking, also known as sport stacking, is a sport! The goal of the sport is to stack and unstack cups as quickly as possible. It requires both speed, creativity and there are unlimited challenges associated with it. Offered for 3rd—6th grade, on Fridays, 4—4:45 p.m. January 3—February 14., \$28, \$10 SACCP fee.

NEIGHBORHOOD BASKETBALL LEAGUE--

Offered on Saturday Afternoons, January 4 – February 8 (6 sessions) at Arlington Catholic. Each session will include an individual skills clinic, team drills and game. 3rd—6th graders attend 5—6 p.m., NBL will use Junior Size basketballs to introduce basketball skills & proper technique.

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Winter program to begin January 2.. Flyers describing the program in detail are available.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program 1x week. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK

CLUB – Who: Girls 2nd – 6th grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. Where: Fidelity House When: Wednesdays, 3:15—4 p.m. December 4 - February 5, \$48, \$10 SACCP fee.

PILLO POLO/HOCKEY— Pillo Polo is a popular recreation and physical education game that has been around for over 40 years. Pillo Polo has all the ingredients of floor hockey, but uses a lightweight Pillo Polo stick which features a foam head on the end for accurate contact with the ball. Offered for grades 3—6 on Wednesdays, 4—4:45 p.m., January 8—February 12, \$ 24, \$10 SACCP fee.

ARCHERY-This fun, recreational program for grades 2—6 will feature weekly drills and skill games to become better archers! Tuesdays, 4—4:45 p.m., January 7—February 11, \$30, SACCP fee is \$10.,

LEGO CLUB- Design, build & finish your own/ group lego creations working off a different theme each week. Offered Wednesdays for Grades 3 - 6, 4 - 4:45 pm. January 2—February 13, \$28, \$10 SACCP fee.

POP UP PROGRAMS- One to two class POP UP Programs for kids will be offered periodically that are fun, offer a chance to try something new and do not require a big time commitment. Upcoming 4—4:45 p.m. programs for Grades 3—6 are Tuesday, January 14 - Puppet Theater & Tuesday, February 4-February 11, Masking Tape Animals.

BILLIARDS/POOL CLUB- This program is designed to introduce youth to the game of billiards (often referred to as pool), providing them with a fun environment to learn basic skills, practice shots, and participate in friendly competition. It will focus on understanding the game, developing hand-eye coordination, strategic thinking, and sportsmanship,. Offered for grade 2—6 on Wednesdays,, 1:30—2:45 p.m.. January 8—February 12, \$24, \$10 SACCP fee.

High School, Adult



VOLUNTEER EXPERIENCE- Thinking of working with children or a sports-related career your future? Opportunities to gain experience and/or fulfill your school community service requirements! Give us a call!

ADULT VOLUNTEERS- If you are available to help out short term/long term or seasonal, please call. **SENIORS PASS IT ON**- Senior Citizens interested in passing on a skill to youth, please give us a call.

FAMILY LEGO BLOCK PARTY during PROGRAM OPEN HOUSE on



Saturday, March 1, $1-3\,$ p.m. You're invited to our OPEN HOUSE for our 2025-26 Preschool Program, School Age Child Care Program and Summer Day-Camps and join in on a giant lego "block" party in our gym.



WEEKLY NEWSLETTER Our weekly newsletter, website highlight up to the moment upcoming events. The newsletter is posted on our website and sent out weekly by constant contact.



Martin Luther Day/Monday, January 20- Full Day Programs offered for Kindergarten and up & Play More Hoop Clinic offered

SuperFun Kids Carnival- Saturday, February 8

<u>February School Break, February 17—21 -</u>Full Day Programs offered for Preschool , Kindergarten and up, Play More Hoop Clinic

<u>OPEN HOUSES with "Block" Party-</u> Preschool, School Age Child Care & Summer Day Camp Open Houses with Lego Block party -Saturday, March 1



We're a Non-Profit Community Center!

We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon*, *Longest Night Luminary Sponsorship*, *Easter and Mother's Day Flower Sales*, *Annual Fundraiser*/ *Auction and Fidelity House Golf Tournament*

Supporting *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.

Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!

Wish List A New GYM! School bus driver! Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, video game systems, storage cabinets,

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available.

Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOM-ING EVENTS.



LOVE FIHO? SPREAD THE WORD!

I went to
PRESCHOOL
there! I still have
friends I met there!

GREAT
PLACE to
play
BASKETBALL

Days off from school *never* bother me, they always have a program for my kids!

DAY CAMP WAS

THE BEST!! I learned to **SWIM** at Camp!!

went to all the Fidelity House

DANCES...

LOVED them!!!

I wish I
could go on
all the Trips
my
children go
on!!

It's the
Best kept
secret in
Arlington!!!

YOUR recommendations

are VERY IMPORTANT to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005

WWW.FIDELITYHOUSE.ORG

FIGERY HOUSE GRADERS!
SUPERINDAY

FUNDAMENTAL

SATURDAY, FEB. 8, 12-3 p.m.!

FUN ACTIVITIES 1 price admission Activity cards will be handed out that list all the FUN activities you can do & check off!

2024 YEAR in REVIEW!













There's still work to be done....but with everyone's help, we'll get there!

It's within reach!

We need YOUR HELP to CLOSE the FINAL GAP of and fulfill our commitment to Fidelity House's future!

We are **thisclose** to breathing new life into our well used building thanks to the **support of many steadfast supporters! CONSTRUCTION is going on** and we now look to **CLOSE the FINAL GAP WITH YOUR HELP!**

How can YOU donate? Click below to donate today and join our list of supporters. If you prefer, you can also mail or donate in person at: Fidelity House 25 Medford St, Arlington, MA 02474 781-648-2005