

# FIDELITY HOUSE



25 Medford Street, Arlington, MA 02474

[www.fidelityhouse.org](http://www.fidelityhouse.org)

51R Medford Street, FIHO 2 location

781-648-2005

Edward F. Woods, Executive Director Winter 2025-26



**DONATE** to the Fidelity House Capital Campaign!



CAPITAL CAMPAIGN  
BUILDING ON TRADITION

# SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6<sup>th</sup> grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.



Parents have the option of enrolling in either

- our After School Program,
- our Full Day/Snow Day program or
- BOTH After School & Full Day Programs

**The SACCP After School Program** is based at Fidelity House. Hours are from 2:15-5:45 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. The program consists of arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

**The SACCP Full Day/Snow Day Program** We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those day.



## The School Age Child Care Program Daily After School Schedule & Activities

- 2:15 Arrival / Snack / Play Time
- 3:00 Meeting and Choice Activities  
(See activities below)
- 4:00 Specific Age Group Activities  
(See activities below)
- 5:00 Quiet games, Choice Time, Clean-up
- 5:45 Close of Program

## We feature a variety of activities including:

Arts & Crafts	Special events
Sports-indoor/outdoor	Chess
Computer time	Gymnastics
Science activities	Gaga Ball Pit
Running Club	Field trips
Contests & Games	Music
Trips to local parks	Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

## STAFF



Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.

The staff is composed of college graduates and undergraduates with a wealth of experience working with children.



# PRESCHOOL & PRE-K



**49 years! PRESCHOOL PROGRAM** The Preschool, now in its 49<sup>th</sup> year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., or 8:30 a.m.-5:00 p.m. Early 8 a.m. drop off option available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

## PREKINDERGARTEN PROGRAM

This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m. or 8:30 a.m.- 5:00 p.m. Early 8 a.m. drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.



## FIDELITY HOUSE PRESCHOOL

\*Established in 1976      \*Experienced Staff

\*Hours are 8:30 –12:30, 8:30 –3:30, 8:30 –5 p.m.  
or 2:00 –5 p.m. \*Early drop off 8:00/7:30 a.m. option

\*Choose 2-5 Days **FOR 2.9 – 5 YEAR OLDS**

\*licensed by the Dept.of Early Education & Care



**WHY  
WAIT?**

**It's ALWAYS a good time  
to START!**



## **The Edward F. Woods Gymnasium will open later this winter and serve the next generation in Arlington!**

It will house a high school size gym in one direction and 2 smaller size gyms cross court to double the activity level.

Ed Woods served as the Executive Director from 1983 until 2025. He believed that Fidelity House wasn't just a job, but that he was here to serve the needs of kids and help them to have the opportunity to be a part of Fidelity House and the community. If it involved a chance to "play more hoop", a passion of his, that was all the better!

Ed recognized the need for and was the driving force behind this new facility which has been fueled by the generous donations of kids and families who came through here and want that experience to continue for generations to come.

There is still a funding gap and donations are still needed and being accepted. Donate in person, via mail or online at [fidelityhouse.org](http://fidelityhouse.org). It ALL helps!



# Preschool, Grades K - 1

**GYMNASICS** Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1<sup>st</sup> grade age. Winter Classes continue through March 9. Flyers describing the program in detail are available.

**TOT SPORTS ACADEMY** - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m. Offered in our main building little gym until gym reopening.

**Multi Sport & Games- Tuesdays** The players will be introduced to sports & games in a safe environment. Jan. 6—February 10, 6 weeks, \$60, \$10 Fidelity House PS/PK fee

**Soccer- Thursdays.** The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. January 8—February 12, 6 weeks, \$60., \$10 Fidelity House PS/PK fee.

**GAGA BALL** —Fast paced kinder variation of dodgeball played in an octagonal pit on Tuesdays, 3:15—4 p.m., k—2nd grade. January 13—February 10, \$40, \$10 SACC P fee.

**PILLO POLO/HOCKEY-** Pillo Polo is a popular recreation and physical education game that has been around for over 40 years. Pillo Polo has all the ingredients of floor hockey, but uses a lightweight Pillo Polo stick which features a foam head on the end for accurate contact with the ball. Offered for k—1st grade Wednesdays, 3:15—4 p.m., January 7—February 11, \$ 48, \$10 SACC P fee.

## Grades 2 - 6

These are special interest youth programs offered for both our school age child care participants and registered 2<sup>nd</sup> – 5<sup>th</sup> grade youth attending *during* the scheduled class time. Please plan accordingly.

**GYMNASICS** - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Winter Classes continue through March 9. Flyers describing the program in detail are available.

**POLAR BEAR FOOTBALL**—Flag Football games played on Fridays, 3:15—4 p.m., Outdoor activity, dress appropriately. Grades 2—6, begins January 9—February 13, \$48, \$10 SACC P fee.

**PILLO POLO/HOCKEY-** Pillo Polo is a popular recreation and physical education game that has been around for over 40 years. Pillo Polo has all the ingredients of floor hockey, but uses a lightweight Pillo Polo stick which features a foam head on the end for accurate contact with the ball. Offered for 2—6th grade Wednesdays, 4—4:45 p.m., January 7—February 11, \$48, \$10 SACC P fee.

**PING PONG CLUB**— Learn & improve ping pong skills while having fun and playing in tournament action. Offered on Mondays, 3:15—4 p.m., grades 3—6th grade. January 12—February 9, \$32, \$10 SACC P fee. (no 1/19)

### **NANCY DREW MYSTERY BOOK**

**CLUB** —Who: Girls 2<sup>nd</sup> – 6<sup>th</sup> grade What:

Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths.

Where: Fidelity House When: Wednesdays, 3:15 – 4:00 p.m. –8 weeks, Continues through February 4, February 11—April 15, \$48. (no 2/18).

**MENOTOMY MANOR**- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

**GAGA BALL** —Fast paced kinder variation of dodgeball played in an octagonal pit on Tuesday, 3:15—4 p.m., k—2nd grade., 4—4:45 pm, 3rd—6th grade, January 13—February 10, \$40, \$10 SACC P fee.

**BILLIARDS/POOL CLUB**- This program is designed to introduce youth to the game of billiards (often referred to as pool), providing them with a fun environment to learn basic skills, practice shots, and participate in friendly competition. Offered for grade 2—6 on Wednesdays,, 1:45—2:00 p.m.. January 7—February 11, \$36, \$10 SACC P fee.



# Preview of Programs starting later this season

**Tot TIME-** Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences.

**K—5th GRADE SPORTS ACADEMY** Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten—2nd grade, 3rd—5th grade. **PILO POLO, SOCCER, BASKETBALL**



**NEIGHBORHOOD BASKETBALL LEAGUE (N.B.L.)-** Fun with a purpose! This program is geared towards youth that love basketball and want to become better players! All levels of players will be challenged. Program offered Saturdays AND Sundays for Kindergarten - 2nd graders , 3rd—6th grade

**FIHO PLAYERS-** Theater Club for 1st—6th graders who will be putting on a play for parents and families this session. Youth will get to express themselves as actors or behind the scenes in this fun show! Club meets Tuesdays and Thursdays.

**ARCHERY**-This fun, recreational program for grades 2—5 will feature weekly drills and skill games to become better archers!

**GIRLS BASKETBALL-** Instructional program designed to help 4th, 5th, & 6th grade girls learn the sport in a fun atmosphere..

**3/3 HOOP LEAGUE** 5th—8th graders can develop their basketball skill in a fun, friendly competitive environment. The smaller team size increases offensive and defensive opportunities for each player and is a fun way to play hoop with your friends.

**VOLUNTEER CLUB-** Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information.

**MENS' BASKETBALL LEAGUE –** Leagues year round.

**GYM RENTALS**- Rentals will be available again usually in 1.5 - 2 hour blocks. Ongoing or 1 time use.

**OPEN RECREATION** Encompassing program is offered for youth in 6th – 12<sup>th</sup> grades. Members combine an age appropriate drop –in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. a **6th grade and up current membership** is required for *all drop-in & scheduled youth programs*. Members bring membership cards with them to check in.

**ADDITIONAL PROGRAMS will be added as schedules are finalized!**



# Family, High School, Adult

**ADULT VOLUNTEERS**- If you are available to help out short term/long term or seasonal, please call.

**SENIORS PASS IT ON**- Senior Citizens interested in passing on a skill to youth, please give us a call.



**FAMILY LEGO BLOCK PARTIES** during **PROGRAM OPEN HOUSE** on Saturday, February 28, 1 – 3 p.m. You're invited to our OPEN HOUSE for our 2026-27 Preschool Program, School Age Child Care Program and Summer Day Camps and join in on a giant lego "block" party in our gym. Information for you, fun for your child! Call with questions.



## Basketball Marathon & 1st Shot Weekend

Saturday, March 21 & Sunday, March 22 (tentative). Youths and adults take part in this important **FUNDraiser**. that will also be the 1st time it will be held in the Edward F. Woods Gym. This Event will be combined with our **1ST SHOTS** weekend to usher in a new era at Fidelity House.



## Mark your calendar!

Martin Luther Day/Monday, January 19- Full Day Programs offered for Kindergarten and up & Preschool.

OPEN HOUSES with "Block" Party- Preschool, School Age Child Care & Summer Day Camp  
Open Houses with Lego Block party -Saturday, February 28

SuperFun Kids Carnival- Saturday, March 7

February School Break, February 16– 20 -Full Day Programs offered for Kindergarten and up, & Preschool.

Basketball MARATHON, FIRST SHOTS weekend- Saturday, March 21 & Sunday, March 22

FAMILY BINGO NIGHT-  
Friday, April 17.

EASTER FLOWER SALE-  
**THURSDAY thru SUN-**  
**DAY, April 2—5**

Mother's Day  
FLOWER SALE-  
**May 7—10**

Spring Fun Fair-  
**Saturday, June 6**  
(tentative)

**FIDELITY HOUSE**

**SUMMER DAY CAMPS!**  
25 Medford St, Arlington [www.fidelityhouse.org](http://www.fidelityhouse.org)

**Preschool Summer Days**  
**Kindergarten Camp**  
**2<sup>nd</sup> - 8<sup>th</sup> Grade Camp**









**Registrations start in February**

# We're a Non-Profit Community Center!



We can **ALWAYS** use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual **Basketball Marathon, Longest Night Luminary Sponsorship, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Golf Tournament**

Supporting **Financial Aid Fund** will allow children to participate in our Fidelity House programs at a reduced fee.



**Memorial Donations** are gratefully accepted.

**Commemorative Birthday & Anniversary donations** are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!

**Wish List** Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, video game systems, storage cabinets, kitchen cabinet set in good condition.

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

**MEETING, EVENT SPACE-** Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

**RENTALS of FIHO 2-** FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!



Fidelity House- It's the best kept secret  
in Arlington! A FiHo Parent

**VISIT OUR WEBSITE, [www.fidelityhouse.org](http://www.fidelityhouse.org) and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.**

# Fidelity House CAPITAL CAMPAIGN

It's **people** who make the difference in this place!  
Our Ftre & Community needs u!



Donations still needed, welcome & appreciated!

Donations accepted at Fidelity House and online at [fidelityhouse.org](http://fidelityhouse.org).

# Fidelity House **SUPER** WINTER **FUN** Day

For K- 6<sup>th</sup>  
**GRADERS!**



**SATURDAY, MARCH 7, 12-3 p.m.!**

**FUN ACTIVITIES** 1 price admission Activity cards will be handed out that list all the FUN activities you can do & check off!

**LOVE FIHO? SPREAD THE WORD!**

I went to  
**PRESCHOOL**  
there! I still have  
friends I met there!

GREAT  
PLACE to  
play  
**BASKETBALL**

**DAY CAMP WAS**  
THE BEST!! I learned  
to **SWIM** at Camp!!

I went to all the  
Fidelity House  
**DANCES**....  
LOVED them!!!

I wish I  
could go on  
all the Trips  
my  
children go  
on!!

Days off from  
school never bother  
me, they always  
have a program for  
my kids!

It's the  
Best kept  
secret in  
Arlington!!!

**YOUR recommendations**

are **VERY IMPORTANT** to our programs!!

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