25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location

www.fidelityhouse.org 781-648-2005

fidelityhouse@fidelityhouse.net

Fall 2025

WE ARE A NON-PROFIT COMMUNITY/YOUTH CENTER! Programs offered for Youth, preschool through high school and adults.









FUTURE HOME of EDWARD F. WOODS GYM



HELP US WRAP UP THIS GYM in 2025!

Donations still needed, welcomed & appreciated!



Donations accepted at Fidelity House, 25 Medford Street, Arlington, MA 02474 & online at fidelityhouse.org

Yes, we ARE OPEN DURING CONSTRUCTION

Please be aware construction will be continuing this Fall and will temporarily impact some of our space availability, accessibility and programming options.

- *Meeting areas and activities may be modified to accommodate daily circumstances.
- *Several programs will need to be paused and resume after construction is completed including: Tot Time, Tot Sports Academy & our Drop in Open Recreation Program.

It's within reach! We look forward to the potential our new construction will bring to the Fidelity House community long term, but understand it will require some short term allowances and lots of patience to get there.

Thanks in advance for your understanding!



SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.

Parents have the option of enrolling in either our After School Program,

our Full Day/Snow Day program or

■ BOTH After School & Full Day Programs

The SACCP After School Program is based at Fidelity House. Hours are from 2-5:45 p.m., Monday through Friday during

the school year. The program also provides coverage during school early release days. The program consists

of: arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

The SACCP Full Day/Snow Day Program We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate. Special local trips and events are planned for those days.



The School Age Child Care Program Daily After School Schedule & Activities

2:15—3:00 Arrival / Snack / Play Time 3:00 Meeting and Choice Activities

(See activities below)
4:00 Specific Age Group Activities (See activities below)
5:00 Quiet games, Choice Time,
Clean-up
5:45 Close of Program



We feature a variety of activities including:

Arts & Crafts
Sports-indoor/outdoor
Computer time
Science activities
Homework Club
Contests & Games
Trips to local parks
Special events
Gymnastics
Ice Skating
Field trips
Music
Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF

Our program is supervised by
Department of Early Education and Care
(EEC) qualified
staff who are dedicated to the well-being
and safety of the
children.



The staff is composed of college graduates and undergraduates with a wealth of experience working with children.

PRESCHOOL & PRE-K

years! PRESCHOOL PROGRAM The Preschool, now in its 49th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m..or 8:30 -5:00 p.m. Early drop off options available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m. or 8:30 - 5:00 p.m. Early drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.

Outdoor Tot Sports Academy

Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Outdoor activity, dress appropriately.

Program is offered 12:30 - 1:15 p.m. and meets at our site 2 playground.

Multi Sport & Games – Tuesdays.

The players will be introduced to sports & games in a safe environment. September 30– November 4, 6 weeks, \$60, \$10 Fidelity House PS/PK fee.

Soccer Thursdays. The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. October 2 – November 6, 6 weeks, \$60, \$10 Fidelity House PS/PK fee.



Preschool, Grades K - 2

Preschool/Tot Halloween Party -The annual Fidelity House preschool age Halloween Party will take place on Friday, Oct. 31, 10:30—11:30 a.m. at Fidelity House. Costumes welcome. Free and open to the public.

These are special interest youth programs offered for both our school age child care participants and registered K—2nd grade youth attending during the scheduled class time. Please plan accordingly. School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

GYMNASTICS Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten— 2nd grade age. Program to begin October 4. Flyers describing the program in detail are available.

AFTER SCHOOL MULTI-SPORTS-

A different outdoor sport will be highlighted and played every week including Kickball, Capture the Flag, Relievio & Whiffleball, on Tuesdays, 3:30—4:30 p.m. 2 Age Divisions, K – 2nd grade, 3rd—6th grade Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 30 – Nov. 4, \$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

FLAG FOOTBALL—Flag Football games played on Fridays, 3:30—4:30 p.m., culminating in the Turkey Bowl in late Fall. 2 Age Divisions, K – 4^{th,} grade, 5th – 8^{th,} grade, Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 26 – Nov. 7 (no 10/31). \$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

OUTDOOR SOCCER- Outdoor drills & games played on Wednesdays, 3:00—4:00 p.m. K—2nd grade. Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 24 – Nov. 5 \$70 drop off at St. Camillus, \$90 if transportation needed, \$20 SACCP fee.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Thursdays, 3:15—4 p.m., k—2nd grade. October 9 — Nov. 20, \$56, \$10 SACCP fee.

FIHO PLAYERS– Theater Club for 1st—6th graders will be putting on an abridged version of the holiday classic, a Christmas Carol, for parents and families this session. Youth will get to express themselves as actors or behind the scenes in this fun show! Club meets Tuesdays and Fridays, 4-4:45 pm

Kids who would like acting parts in the show **must** be available for the Thurs, December 4 performance at 6:45 pm. Kids who are not available on this date will participate in the theater games and creating the set and props, but will not be given roles for the show. September 30—December 2 (no 10/31, 11/11, 11/28) with Show on December 4. \$96, \$40 SACCP fee if doing club & show, \$20 SACCP fee if club only.

CHESS CLUB-The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 3:15—4 p.m., September 30—November 25 (no 11/11), \$48, \$10 SACCP fee.

RUNNING CLUB - Stretching, running

games and varying length runs for 2nd—6th graders are part of this 6 week session on Mondays.
3:15—4 p.m., Septem-



ber 22—November 3 (No Oct. 13), \$36, \$10 SACCP fee.

NOTE– Many of our Fall Sports programs will be outdoors and take place at the spacious fields behind St. Camillus, 1185 Concord Turnpike, Arlington. Drop off and pick up will be at that location.

Transportation to the field and back to Fidelity House will be provided to registered School Age Child Care participants and those that register with transportation. Transportation will leave 15 minutes prior to activity and return 15 minutes after the activity.

Grades 3 - 6

These are special interest youth programs offered for both our school age child care participants and registered 3rd – 6^{4h} grade youth attending during the scheduled class time.

Please plan accordingly. School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

AFTER SCHOOL MULTI-SPORTS-

A different outdoor sport will be highlighted and played every week including Kickball, Capture the Flag, Relievio & Whiffleball, on Tuedays, 3:30—4:30 p.m. 2 Age Divisions, K – 2nd grade, 3rd—6th grade Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 30 – Nov. 4, (\$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

FLAG FOOTBALL—Flag Football games played on Fridays, 3:30—4:30 p.m., culminating in the Turkey Bowl in late Fall. 2 Age Divisions, K – 4th, grade, 5th – 8th, grade, Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 26 – Nov. 7 (no 10/31). \$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

OUTDOOR SOCCER- Outdoor drills & games played on Wednesdays, 3:00—4:00 p.m. K– 2nd grade. Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 24 – Nov. 5 \$70 drop off at St. Camillus, \$90 if transportation needed, \$20 SACCP fee.

FIHO PLAYERS— Theater Club for 1st—6th graders will be putting on an abridged version of the holiday classic, "A Christmas Carol" for parents and families this session. Youth will get to express themselves as actors or behind the scenes in this fun show! Club meets Tuesdays and Fridays, 3:15—4 pm

Kids who would like acting parts in the show **must** be available for the Thurs, December 4 performance at 6:45 pm. Kids who are not available on this date will participate in the theater games and creating the set and props, but will not be given roles for the show. September 30—December 2 (no 10/31, 11/11, 11/28) with Show on December 4. \$96, \$40 SACCP fee if doing club & show, \$20 SACCP fee if club only.

CHESS CLUB-The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 3:15—4 p.m., September 30—November 25 (No 11/11), \$48, \$10 SACCP fee.

INTRAMURAL BASKETBALL LEAGUE -

Fall intramural league for 5th – 8th graders. Games played on some Friday nights & Saturday mornings (working around gym venue's schedule). League games include drills before each game. Teams drafted on September 19 & 20. 5th & 6th graders come Friday, 9/19, 6:30 - 7:15 p.m. while 7th & 8th graders come Friday, 9/19, 7:15–8:15 p.m. Games played through November 21, \$125. Schedules will be given with exact schedule. Location– Arlington Catholic Gym.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Thursday, 4—4:45 p.m., 3rd—6th grade. October 9 — Nov. 20, \$56, \$10 SACCP fee.

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Program to begins October 3. Flyers describing the program in detail are available.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program 1x week. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK

CLUB – Who: Girls 2nd – 6th grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. Where: Fidelity House When: Wednesdays, 3:15—4 p.m. –8 weeks, October 1 – November 19, \$48, \$10 SACCP fee.

RUNNING CLUB -Stretching, running games and varying length runs for 2nd—6th graders are part of this 6 week session on Mondays. 3:15—4 p.m., September 22—November 3 (No Oct. 13), \$36, \$10 SACCP fee.

NOTE- Many of our Fall Sports

programs will be outdoors and take place at the spacious fields behind St. Camillus, 1185 Concord Turnpike, Arlington. Drop off and pick up will be at that location.

Transportation to the field and back to Fidelity House will be provided to registered School Age Child Care participants and those that register with transportation. Transportation will leave 15 minutes prior to activity and return 15 minutes after the activity.



Grades 6 - 8



INTRAMURAL BASKETBALL LEAGUE -

Fall intramural league for 5th – 8th graders. Games played on some Friday nights & Saturday mornings (working around gym venue's schedule). League games include drills before each game. Teams drafted on September 19 & 20. 5th & 6th graders come Friday, 9/19, 6:30 – 7:15 p.m. while 7th & 8th graders come Friday, 9/19, 7:15–8:15 p.m. Games played through November 21, \$125. Schedules will be given with exact schedule. Location– Arlington Catholic Gym.

FLAG FOOTBALL—Flag Football games played on Fridays, 3:30—4:30 p.m., culminating in the Turkey Bowl in late Fall. 2 Age Divisions, $K-4^{th}$, grade, $5^{th}-8^{th}$, grade, Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 26 – Nov. 7 (no 10/31). \$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

AFTER SCHOOL MULTI-SPORTS- A different outdoor sport will be highlighted and played every week including Kickball, Capture the Flag, Relievio & Whiffleball, on Tuedays, 3:30—4:30 p.m. 2 Age Divisions, K – 2nd grade, .3rd—6th grade Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 30 – Nov. 4, (\$60 drop off at St. Camillus, \$80 if transportation needed, \$20 SACCP fee.

OUTDOOR SOCCER- Outdoor drills & games played on Wednesdays, 3:00—4:00 p.m. K–2nd grade. Outdoor activity, dress appropriately. Location, field behind St. Camillus, September 24 – Nov. 65 \$70 drop off at St. Camillus, \$90 if transportation needed, \$20 SACCP fee.

WEEKLY NEWSLETTER

Our weekly newsletter, website highlight up to the moment upcoming events. The newsletter is posted on our website and sent out weekly by constant contact.

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AFTER DARK SPECIAL EVENTS &

TRIPS 6th—8th grade. Monthly special events/trips will be offered throughout the year for 6th—8th graders. Website, weekly newsletter will post timely information.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Start date TBA.

CHESS CLUB-The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 3:15—4 p.m., October 1—November 19, \$48, \$10 SACCP fee.

8th—12th Grade SKILLS & DRILLS -

Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program dates TBA & Exact times, dates, prices and gym location will be listed on our website.

NOTE- Many of our Fall Sports

programs will be outdoors and take place at the spacious fields behind St. Camillus, 1185 Concord Turnpike, Arlington. Drop off and pick up will be at that location.

Transportation to the field and back to Fidelity House will be provided to registered School Age Child Care participants and those that register with transportation. Transportation will leave 15 minutes prior to activity and return 15 minutes after the activity.

High School



<u>HIGH SCHOOL SKILLS & DRILLS</u>- Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program date TBA.



Exact times, dates and gym location will be listed on our website A Turkey Tune up 3 day program will be offered. Friday—Sunday, Nov. 28—30.

FIDELITY HOUSE KINGS FALL AAU- AAU Basketball program for players who want to Play More Hoop in a competitive environment. Weekly practices, skills & drills clinics, scrimmages and tournaments are included. September thru November Program.— 10th grade boys team offered this Fall.

<u>FALL HIGH SCHOOL LEAGUE</u> – Fidelity House hosts a league for high school age players.

Games are played on Sundays, September 14 thru November 23.

Mark your calendar!

Preschool/Tot Halloween Party - Friday, Oct. 31, 10:30—11:30 a.m.

K—6th Grade Full Day Programs
—All Schools—October 13, November 11 +

Public Schools—September 23, October 2 & November 10

Saint Agnes School—October 10, November 26, December 22 & 23.

Preschool Full Day, Half Day Program—Offered Monday, October 13 & November 11

Thursday, November 27- Building Closed for Thanksgiving

<u>High School Turkey Tune up</u> Basketball Clinic Friday through Sunday, Nov. 28—30.

Luminary Walkway Begins December 14—21

Winter School Break, December 29, 30, 31 & Jan. 2. - Full Day Programs offered for Kindergarten and up,

<u>December 24, 25, 26 & January 1</u> - Building Closed for the Christmas & New Year Holiday

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.

ADULTS

ADULT VOLUNTEERS- If you are available to help out short term/long term or seasonal, please call. We are actively searching for Cooking, Crafts & Science/Astronomy instructors and new ideas to keep kids active and engaged.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please give us a call . We are actively searching for Cooking, Crafts & Science/Astronomy instructors and new ideas to keep kids active and engaged.

We're a Non-Profit Community Center!

We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon*, *Longest Night Luminary Sponsorship*, *Easter and Mother's Day Flower Sales*, *Annual Fundraiser*/ *Auction and Fidelity House Golf Tournament*

Supporting *the Fidelity House Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.



Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!

MEETING, EVENT SPACE- Secure a space for your organization to

meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!

FIDELITY HOUSE, 25 Medford St., Arlington



HALLOWEEN LANTERN PARTY!

COSTUMES WELCOME!

Thursday, Oct. 31,10:30 -11:30 a.m.

Toddlers - 5 years welcome!!

Make your own jack-o- LANTERNS to carry ...
COSTUME PARADES ... fun Halloween
GAMES... ACTIVITY AREAS include
Monster Pen, Monster Mash Dance area,
Spider Web & Batmobile Obstacle Course

5th Annual FIDELITY HOUSE, 25 Medford St, Arlington, MA



"LIGHT UP A CHILD'S FUTURE"





Light the Night and help light up a child's future!

Fidelity House will be *lighting* up our walkway with luminaries

leading up to the longest night of the year, December 14th-21st!

Honor the past & present while helping childrens' futures and sponsor a luminary!

6016 FIDELITYHOUSE.ORG

to Sponsor in Honor of, In Memory Of or Simply Support Childrens' futures!

**Don't forget to Walk or Drive by Fidelity House December 14 through December 21 after dark!



The Edward F. Woods Gymnasium will open later this fall and serve the next generation in Arlington!

It will house a high school size gym in one direction and 2 smaller size gyms cross court to double the activity level.

Ed Woods served as the Executive Director from 1983 until 2025. He believed that Fidelity House wasn't just a job, but that he was here to serve the needs of kids and help them to have the opportunity to be a part of Fidelity House and the community. If it involved a chance to "play more hoop", a passion of his, that was all the better!

Ed recognized the need for and was the driving force behind this new facility which has been fueled by the generous donations of kids and families who came through here and want that experience to continue for generations to come.

There is still a funding gap and donations are still needed and being accepted. Donate in person, via mail or online at fidelityhouse.org. It ALL helps!