

# FIDELITY HOUSE



25 Medford Street, Arlington, MA 02474

51R Medford Street, FIHO 2 location

[www.fidelityhouse.org](http://www.fidelityhouse.org)

781-648-2005

Edward F. Woods, Executive Director Winter 2023



**DONATE** to the Fidelity House Capital Campaign!





# SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6<sup>th</sup> grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.



Parents have the option of enrolling in either ☒ our After School Program,

☒ our Full Day/Snow Day program or

☒ BOTH After School & Full Day Programs

**The SACCP After School Program** is based at Fidelity House and FiHo 2. Hours are from 2-5:45 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days.



The program consists of arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

**The SACCP Full Day/Snow Day Program** We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days (10:00 am start) and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those days.



## The School Age Child Care Program Daily After School Schedule & Activities

2:15 Arrival / Snack / Play Time

3:00 Meeting / Choice Activities  
(See activities below)

4:00 Specific Age Group Activities  
(See activities below)

5:00 Quiet games, Choice Time, Clean-up

5:45 Close of Program

## We feature a variety of activities including:

Arts & Crafts

Sports-indoor/outdoor

Computer time

Science activities

Homework Club

Contests & Games

Trips to local parks

Special events

Chess

Gymnastics

Ice Skating

Field trips

Music

Cooking



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

## STAFF

Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.



The staff is composed of college graduates and undergraduates with a wealth of experience working with children.

# PRESCHOOL & PRE-K



**46 years! PRESCHOOL PROGRAM** The Preschool, now in its 46<sup>th</sup> year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30 a.m. -12:30 p.m., 8:30 a.m. -3:30 p.m. or 8:30 a.m.-5:00 p.m. Early 8 a.m. drop off option has limited openings. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.

**PREKINDERGARTEN PROGRAM** This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30 a.m.-12:30 p.m., 8:30-3:30 p.m. or 8:30 a.m.- 5:00 p.m. Early 8 a.m. drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.



## PROGRAMS FOR TODDLER through 1st GRADE

**GYMNASTICS** Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1<sup>st</sup> grade age. Winter Classes to resume Jan. 5. Flyers describing the program in detail are available.

**Tot TIME-** Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences. Thursdays, 11:00– 12 noon. January 5— February 16 , New session March 2—April 27 (no 4/6 or 4/20) \$60 for each 7 weeks session, \$10 drop in fee.

**Tot Sports Academy** - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m.

**Basketball—Mondays.** The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. January 9—February 13 (no class 1/16) 5 weeks, \$35, February 27 – April 10, 7 weeks, \$49.

**Floor Hockey— Tuesdays.** The players will learn how to shoot, stick handle and have fun in a safe environment, January 3—February 14, 7weeks, \$49, February 28—April 11, 7 weeks, \$49.

**Soccer— Fridays.** The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. January 6—February 17, 7 weeks, \$49, March 3– April 14 (no class 4/7), 6 weeks, \$42.

**SPORTS ACADEMY 3:15—4 p.m.** Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:15—4 p.m.. **FLOOR HOCKEY**—Tuesdays—7 week sessions begin January 3—February 14, February 28—April 11, \$60. **INDOOR SOCCER**—Wednesdays—7 week sessions begin January 4—February 15, March 1—April 12, \$60. **BASKETBALL**—Fridays-7 week sessions begin January 6—February 17, \$60. March 3—March 31, 5 weeks \$40.

**NEIGHBORHOOD BASKETBALL LEAGUE (N.B.L.)-** Fun with a purpose! This program is geared towards youth that love basketball and want to become better players! All levels of players will be challenged. Program offered Saturdays, 9—10 a.m. AND Sundays, 12– 1 p.m. for Kindergarten , 1<sup>st</sup> graders & 2nd graders .while 3rd, 4th & 5th graders attend Saturdays 10—11 a.m. AND Sundays 1—2 p.m. 14 class sessions begin Saturday, January 7—February 19 , \$125/ \$140 with jersey included, February 25—April 2, \$105/ \$120 with jersey included.



# OPEN RECREATION

Encompassing program is offered for youth in 6th grade and up. 5th grade open recreation hours are offered Friday evenings and Saturdays. Members combine an age appropriate drop-in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. A **5th grade and up** current membership is required for *all drop-in & some youth programs*.

Members bring membership cards with them to check in.

## YEARLY MEMBERSHIP – 5<sup>th</sup> Grade & up

A membership form needs to be filled out for *each* child

6th grade & up 1 year membership = \$75.00 & 5th grade school year membership = \$35.00

OR One Day Guest Fee = \$5.00

Replacement Membership Card = \$5.00



## GRADES 6 and up

Tues– Friday 2:15–5:30 p.m.

## GRADES 5 and up

Friday evening 5:30 - 10 p.m.

Saturday 9 a.m.-3 p.m.

Friday evening 5:30 - 10 p.m.

Saturday 10 a.m.-3 p.m.

We **ENCOURAGE** you to **JOIN** our many programs offered throughout the year!

There are lasting benefits to staying active!

\*Meeting new friends

\*Trying new experiences

\*Obtaining new skills & perspectives

\*Health benefits

FIDELITY HOUSE ("FIHO"), 25 Medford St, Arlington, MA 781-648-2005 [www.fidelityhouse.org](http://www.fidelityhouse.org)

# GET SPOTTED

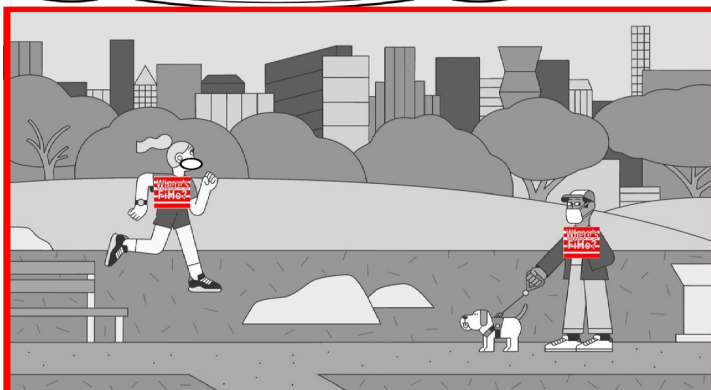
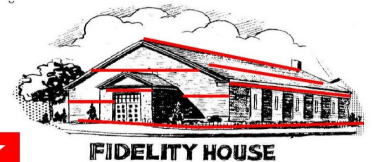


## FUN RUN/WALK CHALLENGE

**SATURDAY, APRIL 1**

between the hours of 12 noon - 2 p.m.

**ALL YOU NEED to DO is**



- **PURCHASE YOUR SHIRT** at FIDELITY HOUSE, 25 Medford St, Arlington, MA
- **WEAR it ON YOUR RUN, WALK, OUTDOOR ACTIVITY** in the Arlington area on **Sat, April 1**
- **GET SPOTTED** by The FiHo Van & win a fun prize + your picture on our FiHo website/ facebook AND ENTER to win a gift certificate to an Arlington Restaurant. SEE YOU AROUND!
- USE the shirt AGAIN for **FUTURE Get Spotted Fun Run/Walk Challenge Days!!**



# Grades 2 - 5



These are special interest youth programs offered for both our school age child care participants and registered 2<sup>nd</sup> – 5<sup>th</sup> grade youth attending *during* the scheduled class time. Please plan accordingly.



## GR. 2-4 SPORTS ACADEMY

Game fundamentals, drills & sportsmanship are incorporated into games. 2<sup>nd</sup> graders meet 3:15 – 4 p.m. and 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> graders meet from 4 – 4:45 p.m. Game fundamentals, drills & sportsman-

ship are incorporated into games. Kindergarten & Grade 1 meet from 3:15—4 p.m.

**FLOOR HOCKEY**—Tuesdays— 7 week sessions begin January 3—February 14, February 28—April 11, \$60. **INDOOR SOCCER**—

Wednesdays—7 week sessions begin January 4—February 15, March 1—April 12, \$60.

**BASKETBALL**—Fridays—7 week sessions begin January 6—February 17, \$60 5 week session March 3—March 31, \$40.

\*\* Please note – School Age Child Care Participants sign up at reduced fee if attending the day of the program.

## NEIGHBORHOOD BASKETBALL

**LEAGUE**— Saturday Mornings + Sunday Afternoons league. Each session will include an individual skills clinic, team drills and game. 2<sup>nd</sup> graders attend Saturdays 9 – 10



a.m. and Sundays, 1 – 2 p.m., 3<sup>rd</sup> – 5<sup>th</sup> graders attend Saturdays 10 - 11 a.m. and Sundays, 2 - 3 p.m. 14

class sessions begin Saturday, January 7-February 19, \$125/ \$140 with jersey included, 12 class session February 25-April 2, \$105/ \$120 with jersey included.

## “PLAY MORE HOOP “BASKETBALL CLINICS

- Program offered Martin King Luther, Jr. Day, January 16 and February Vacation Week, February 20 – 23, week or individual days. Fun with a purpose on school holidays! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged.

**GYMNASTICS** - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Winter Classes to resume Jan. 5. Flyers describing the program in detail are available.

**MENOTOMY MANOR**- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further info.

## NANCY DREW MYSTERY BOOK CLUB –Who:

Girls 2<sup>nd</sup> – 6<sup>th</sup> grade **What:** \*\*Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wed, 3:15 – 4:00 p.m. –7 weeks, Jan 4—Feb 15, March 1-April 12, \$35.

**CHESS CLUB**- The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Tuesdays, 3:30-4:15 p.m., 6 weeks, Jan. 10-Feb. 14 , \$ 30.

\*\* Please note – School Age Child Care Participants sign up at reduced fee if attending the day of the program.

**NOW UR COOKING**- Cooking is a lifelong skill. Basic nutrition, utilizing math for measuring ingredients and how to make healthy food choices will be incorporated into this fun course for 3<sup>rd</sup>—6<sup>th</sup> graders. Located at the LARGE, modern kitchen at FiHo 2. Classes offered on Mondays 3:15–5:00 or Weds. 1:30-3:15 Begins January 9 or 11. 6 weeks, \$ 120 fee, \*\* Please note – School Age Child Care Participants sign up at reduced fee if attending the day of the program.

## FIDELITY HOUSE

### SUMMER DAY CAMPS!

25 Medford St, Arlington [www.fidelityhouse.org](http://www.fidelityhouse.org)

#### Preschool Summer Days

#### Kindergarten Camp

#### 2<sup>nd</sup> - 8<sup>th</sup> Grade Camp



**Registrations start in February**

# Grades 5 - 8

Note— \*current memberships (yearly or 3 month) required for participation.

**GRADE 5 SPORTS ACADEMY** Game fundamentals, drills & sportsmanship are incorporated into games. 5<sup>th</sup> graders meet from 4 – 4:45 p.m.

**FLOOR HOCKEY**—Tuesdays— 7 week sessions begin January 3—February 14, February 28—April 11, \$60. **INDOOR SOCCER**—

Wednesdays—7 week sessions begin January 4—February 15, March 1—April 12, \$60. **BASKETBALL**-Fridays-7 week sessions begin January 6—February 17, March 3—March 31, \$40.

\*\* Please note – School Age Child Care Participants sign up at a reduced rate if attending that day.

**“PLAY MORE HOOP “BASKETBALL CLINICS** - - Fun with a purpose on school holidays! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Program offered Martin King Luther, Jr. Day, January 16 and February Vacation Week, February 20 – 23, week or individual days.

**FRIDAY NITE DODGERS**- Organized dodgeball games for 5<sup>th</sup>—8<sup>th</sup> grade members on Friday evenings. Games, teams and strategies switched up weekly to ensure fun, competitive dodgeball games. Begins Friday, January 6. 8:15—9 p.m.

**3/3 HOOP LEAGUE** 5<sup>th</sup>—8<sup>th</sup> graders can develop their basketball skill in a fun, friendly competitive environment. The smaller team size increases offensive and defensive opportunities for each player and is a fun way to play hoop with your friends. Team Draft begins on January 6 which league games/standings beginning Jan. 13. Program offered 7:15—8:15 p.m. January 6 thru March 10 (no 2/24), \$60

**VOLUNTEER CLUB**- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information.

**NANCY DREW MYSTERY BOOK CLUB** —**Who:** Girls 2<sup>nd</sup> – 6<sup>th</sup> grade **What:**

\*\*Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths.

**Where:** Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. –January 4—February 15, March 1—April 12, \$35.

**FIDELITY HOUSE KINGS FALL AAU**-

AAU Basketball program for players who want to Play More Hoop in a competitive environment. Weekly practices, skills & drills clinics, scrimmages and tournaments are included. Spring AAU begins in March.

**CHESS CLUB**- The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Tuesdays, 3:30-4:15 p.m., 6 weeks, Jan. 10-Feb. 14 , \$ 30.

\*\* Please note – School Age Child Care Participants sign up at reduced fee if attending the day of the program.

**NOW UR COOKING**- Cooking is a lifelong skill. Basic nutrition, utilizing math for measuring ingredients and how to make healthy food choices will be incorporated into this fun course for 3<sup>rd</sup>—6<sup>th</sup> graders. Located at the LARGE, modern kitchen at FiHo 2. Classes offered on Mondays 3:15—5:00 or Weds. 1:30-3:15 Begins January 9 or 11. 6 weeks, \$ 120 fee, \*\* Please note – School Age Child Care Participants sign up at reduced fee if attending the day of the program.

**PERIODICALLY...** special events and trips offered for the 6<sup>th</sup> – 8<sup>th</sup> grade age. Our weekly newsletter, website highlight scheduled trips. Advance registration is required.

Adults- If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.



**ONGOING...**Membership or Guest Fee required.

**GYM TIME**- Times to be posted.

**DROP-IN GAME ROOM**-Tuesday thru Friday 2—5:30 p.m., Friday nights, 5:30 - 10 & Saturday 10 -3.

The room is equipped with pool tables, ping pong, chess, cable TV & video games.

# High School, Adult



**VOLUNTEER EXPERIENCE**- Thinking of working with children or a sports-related career your future? Opportunities to gain experience and/or fulfill your school community service requirements! Give us a call!

**ONGOING**...Membership or Guest Fee required. **HIGH SCHOOL GYM TIME**-TBA.

**MENS' BASKETBALL LEAGUE** – Games played on Tuesday evenings. Teams/individuals may sign up. Team fee = \$900. Leagues year round.

**ADULT VOLUNTEERS**- If you are available to help out short term/long term or seasonal, please call. **SENIORS PASS IT ON**- Senior Citizens interested in passing on a skill to youth, please give us a call.



**FAMILY LEGO BLOCK PARTIES during PROGRAM OPEN HOUSE** Saturday, February 4, 1 – 3 p.m. You're invited to our OPEN HOUSE for our 2023-24 Preschool Program, School Age Child Care Program and Summer Day Camps and join in on a giant lego "block" party in our gym. Information for you, fun for your child! Call with questions.



## Basketball Marathon



Friday & Saturday, **MARCH 24 & 25** (tentative). Youths and adults take part in this important **FUNdraiser!** The Basketball Marathon is vital for us to upkeep the gym, and equipment for our youth programs.



## Mark your calendar!

**Martin Luther King, Jr. Day/Monday, January 16** - Full Day Programs offered for Preschool, PreK, Kindergarten, Grades 1 and up & Play More Hoop Clinic

**OPEN HOUSES with "Block" Party**- Preschool, School Age Child Care & Summer Day Camp Open Houses with Lego Block party - Saturday, February 4

**SuperFun Kids Carnival**- Saturday, February 11

**February School Break, February 20—24** - Full Day Programs offered for Pre-school, PreK, Kindergarten, Grades 1 and up, Play More Hoop Clinic

**Basketball MARATHON**- Friday & Saturday, March 24 & 25 (tentative)

**EASTER FLOWER SALE**- THURSDAY thru SUNDAY, April 6—9

**FAMILY BINGO NIGHT**- Friday, April 14

**April School Break, April 17—21** - Full Day Programs offered for Preschool, PreK, Kindergarten, Grades 1 and up, Play More Hoop Clinic

**Mother's Day FLOWER SALE**- May 11 – 14

**Annual Fundraiser—(tentative) Saturday evening, May 20**

**Spring Fun Fair**- Saturday, June 3

VISIT OUR WEBSITE, [www.fidelityhouse.org](http://www.fidelityhouse.org)

Read our WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.



# We're a Non-Profit Community Center!



We can **ALWAYS** use your support!!!

We need and appreciate the continued help and support of our community!



All proceeds support our Youth Programs! We appreciate all your support with our annual **Basketball Marathon, Longest Night Luminary Sponsorship, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Golf Tournament**

Supporting **Financial Aid Fund** will allow children to participate in our Fidelity House programs at a reduced fee.

**Memorial Donations** are gratefully accepted.

**Commemorative Birthday & Anniversary donations** are acknowledged and appreciated.

Please, call our office for details and make your tax-deductible gift today! It all helps!!

**Wish List List** A New GYM! Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, Video Game systems. **Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!**



*If there is a program you would like to see offered or if you have a talent you might like to share with other, please, give us a call!*

**MEETING, EVENT SPACE-** Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

**GYM RENTALS-** *Limited* times available for Rentals, usually in 1.5 - 2 hour blocks. Ongoing or 1 time use. Call for details.

**RENTALS of FIHO 2-** FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005.

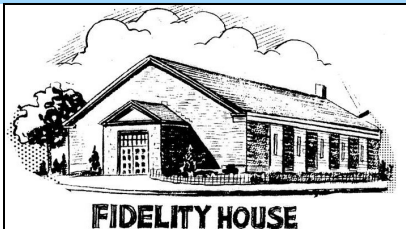
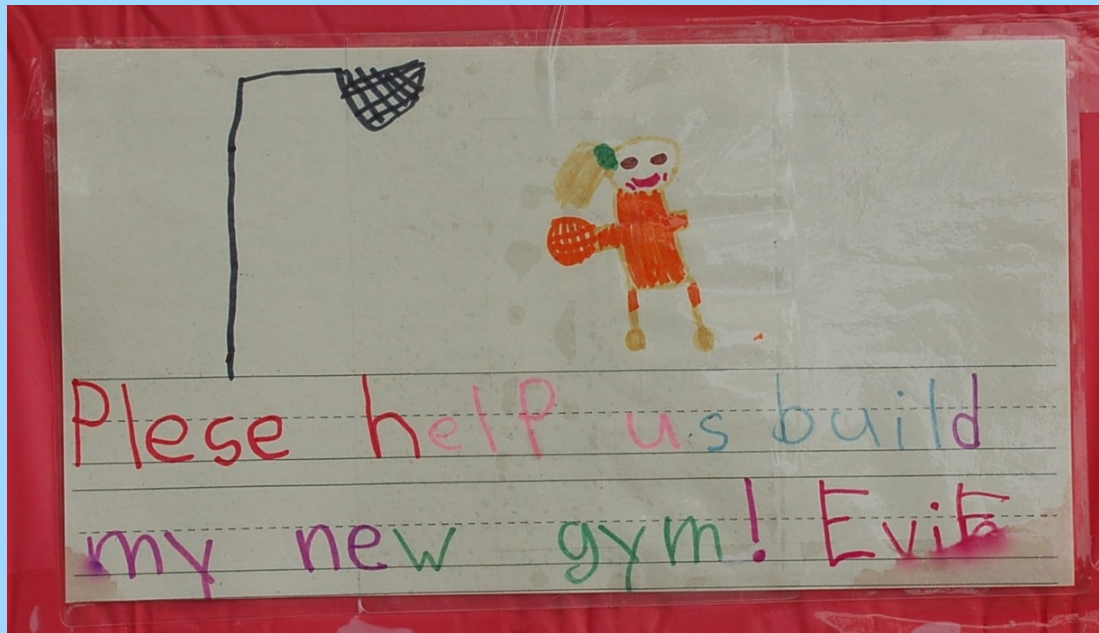


**Fidelity House- It's the best kept secret in Arlington!**

A FiHo Parent



# CAPITAL CAMPAIGN YESTERDAY, TODAY & TOMORROW



**It's time** to rebuild the gym and update Fidelity House for future generations, brick by brick, with the help of our past and present generations that have made Fidelity House so unique.

**LEARN** about our **PLANS**...brochures available or call for a meeting....

**DONATE!** Donations can be made at Fidelity House, mailed to 25 Medford Street, Arlington, MA 02474 or online at [www.fidelityhouse.org](http://www.fidelityhouse.org).

Did you come here when you were younger?



## We're looking for you!

Fidelity House is interested in organizing some Last Blast events in the gym for alumni! Email us at [fidelityhouse@fidelityhouse.net](mailto:fidelityhouse@fidelityhouse.net).

# LOVE FIHO? SPREAD THE WORD!

I went to  
**PRESCHOOL**  
there! I still have  
friends I met there!

**GREAT**  
PLACE to  
play  
**BASKETBALL**

Days off from  
school *never* bother  
me, they always  
have a program for  
my kids!

**DAY CAMP WAS**  
THE BEST!! I learned  
to **SWIM** at Camp!!

I wish I  
could go on  
all the Trips  
my  
children go  
on!!

It's the  
Best kept  
secret in  
Arlington!!!

I went to all the  
Fidelity House  
**DANCES.....**  
LOVED them!!!

## YOUR recommendations

are **VERY IMPORTANT** to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005  
[WWW.FIDELITYHOUSE.ORG](http://WWW.FIDELITYHOUSE.ORG)



**FIDELITY**  **HOUSE**  
FOUNDED IN 1955

## CAPITAL CAMPAIGN

Help us BUILD for the future!

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