

FIDELITY HOUSE

25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location

www.fidelityhouse.org 781-648-2005

fidelityhouse@fidelityhouse.net

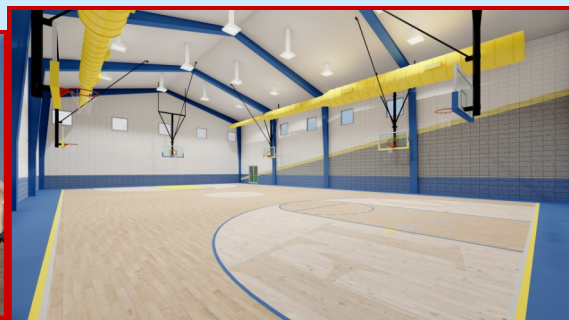
Edward F. Woods,

Executive Director

Fall 2022

**WE ARE A NON-PROFIT
COMMUNITY/YOUTH CENTER!**

Programs offered for Youth, preschool through high school and adults.



DONATE to the Fidelity House Capital Campaign!



SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29856

Parents have the option of enrolling in either our After School Program,

our Full Day/Snow Day program or

BOTH After School & Full Day Programs

The SACCP After School Program



is based at Fidelity House and FiHo 2. Hours are from 2-5:45 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. The program consists of: arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

The SACCP Full Day/Snow Day Program

We offer Full Day Programs from 8:00 a.m. – 5:45 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those day.



The School Age Child Care Program Daily After School Schedule & Activities

2:15 Arrival / Snack / Play Time
3:00 Meeting and Choice Activities
(See activities below)
4:00 Specific Age Group Activities
(See activities below)
5:00 Quiet games, Choice Time,
Clean-up
5:45 Close of Program



We feature a variety of activities including:

Arts & Crafts	Special events
Sports-indoor/outdoor	Chess
Computer time	Gymnastics
Science activities	Ice Skating
Homework Club	Field trips
Contests & Games	Music

Trips to local parks Cook-
ing



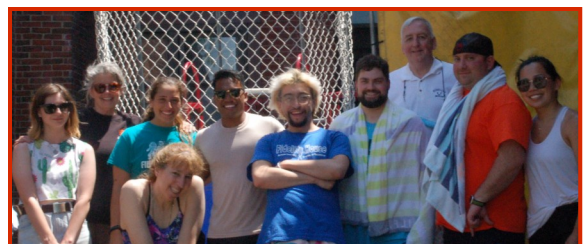
Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF

Our program is supervised by Department of Early Education and Care (EEC) qualified staff who are dedicated to the well-being and safety of the children.



The staff is composed of college graduates and undergraduates with a wealth of experience working with children.



PRESCHOOL & PRE-K



46 years! PRESCHOOL PROGRAM The Preschool, now in its 46th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., or 8:30 a.m.-5:00 p.m. Early 8 a.m. drop off option available. The Preschool is licensed under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.



PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., or 8:30 a.m.- 5:00 p.m. Early 8 a.m. drop off option available. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.



https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=31098

PROGRAMS FOR TODDLER through 1st GRADE

GYMNASTICS Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages 3-5) & Kindergarten & 1st grade age. Program to begin October 3. Flyers describing the program in detail are available. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=31083

Tot TIME- Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences. Program will start mid October . TBD
Preschool/Tot Halloween Party offered Monday, Oct. 31, 10:30—11:30 a.m. Costumes welcome.

Tot Sports Academy - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29830

Basketball—Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. September 26 – October 31, (no class 10/10) 5 weeks, \$50, November 7– December 12, 6 weeks, \$60.

Floor Hockey— Tuesdays. The players will learn how to shoot, stick handle and have fun in a safe environment, September 27– November 1 6 weeks, \$60, November 8 – December 13, 6 weeks, \$60 .

Soccer— Fridays. The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. September 30 – November 4, 6 weeks, \$60, November 18 – December 16, 4 weeks, \$40 (no

SPORTS ACADEMY 3:15—4 p.m. Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:15—4 p.m.. **WHIFFLE BALL**—Tuesdays– 5 week session begins September 27 – October 25, \$40. **INDOOR SOCCER**—Wednesdays—5 week session begins September 28—October 26, \$40. **KICKBALL**-Fridays-5 week session begins September 30 – October 28, \$40. **BASKETBALL** begins Friday, November 4– December 16 (no 11/11 or 11/25), 5 weeks, \$40 & **FLOOR HOCKEY** begins Tuesday, November 1- December 13, 7 weeks, \$56. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29834

NEIGHBORHOOD BASKETBALL LEAGUE (N.B.L.)- Fun with a purpose! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Program offered Saturdays, 12 – 1 p.m. for Kindergarten & 1st graders. 8 week session begins Saturday October 1 – November 19. \$80
https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29873

OPEN RECREATION

Encompassing program is offered for youth in 6th grade and up. 5th grade open recreation hours are offered Friday evenings and Saturdays. Members combine an age appropriate drop –in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. A **5th grade and up current membership** is required for *all drop-in & some youth programs*.

Members bring membership cards with them to check in.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29827

YEARLY MEMBERSHIP – 5th Grade & up
Note– Opening Day is Tuesday, October 11.

A membership form needs to be filled out for *each* child
6th grade & up 1 year membership = \$75.00 & 5th grade school year membership = \$35.00
OR One Day Guest Fee = \$5.00
One Day Pass = .50 cents (for those who forgot their card) Replacement Membership Card = \$5.00



GRADES 6 and up

Tues– Friday 2:15—5:30 p.m.

GRADES 5 and up

Friday evening 5:30 - 10 p.m.

Saturday 9 a.m.-3 p.m.

We ENCOURAGE you to JOIN our many programs offered throughout the year!

There are lasting benefits to staying active!

- *Meeting new friends
- *Trying new experiences
- *Obtaining new skills & perspectives
- *Health benefits

FIDELITY HOUSE (“FIHO”), 25 Medford St, Arlington, MA 781-648-2005 www.fidelityhouse.org

GET SPOTTED



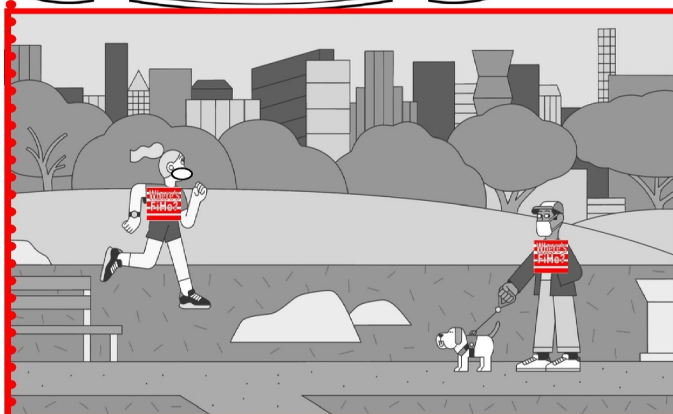
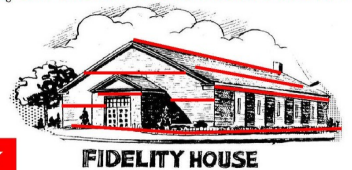
FUN RUN/WALK

CHALLENGE

MONDAY, OCT. 10

between the hours of 10 a.m. – 12 noon

ALL YOU NEED to DO is



- **PURCHASE YOUR SHIRT** at FIDELITY HOUSE, 25 Medford St, Arlington, MA
- **WEAR it ON YOUR RUN, WALK, OUTDOOR ACTIVITY** in the Arlington area on **Mon, Oct. 10**
- **GET SPOTTED** by The FiHo Van & win a fun prize + your picture on our FiHo website/ facebook AND ENTER to win a gift certificate to an Arlington Restaurant. SEE YOU AROUND!
- USE the shirt AGAIN for **FUTURE Get Spotted Fun Run/Walk Challenge Days!!**

Grades 2 - 5



These are special interest youth programs offered for both our school age child care participants and registered 2nd – 5th grade youth attending *during* the scheduled class time. Please plan accordingly.

GRADES 2 – 5 SKILLS & DRILLS- Basketball clinics for 2th – 5th graders to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program on Wednesdays, 4:45– 6 p.m. Begins September 21- October 12, 4 week session, \$40.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29847

GR. 2-5 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. 2nd graders meet 3:15 – 4 p.m. and 3rd, 4th & 5th graders meet from 4 – 4:45 p.m.

WHIFFLE BALL—Tuesdays— 5 week session begins September 27 – October 25, \$40.

INDOOR SOCCER—Wednesdays—5 week session begins September 28— October 26, \$40. **KICKBALL-** Fridays-5 week session begins September 30 – October 28, \$40. **BASKETBALL** begins Friday, November 4– December 16 (no 11/11 or 11/25), 5 weeks, \$40 & **FLOOR HOCKEY** begins Tuesday, November 1- December 13, 7 weeks, \$56.



** Please note – School Age Child Care Participants sign up for free if attending the day of the program.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29834



INTRAMURAL BASKETBALL

LEAGUE – Fall intramural league for 5th – 8th graders. Games played on Friday nights AND Saturday mornings. League games include drills before each game. Teams drafted on September 30 & Oct. 1. 5th & 6th graders come Friday, 9/30, 6:30 - 7:15 p.m. & Saturday, 10/1, 9:30 - 10:30 a.m.. Games played through December 9, \$100. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29860

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning, flexibility & fun! Program to begin October 3. Flyers describing the program in detail are available. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=31083

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK CLUB –Who: Girls 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:00 – 3:45 p.m. –8 weeks, October 12 – December 7 (no 11/23) \$40. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29978

NEIGHBORHOOD BASKETBALL LEAGUE- Fun with a purpose! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Program offered Saturdays, 12 – 1 p.m. for 2nd grade, 1 – 2 p.m. for grades 3 & 4. 8 week session begins Saturday October 1 – November 19, \$80. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29873

RUNNING CLUB - Stretching, running games and varying length runs for 2nd—5th graders are part of this 5 week session on Fridays. 3:15—4 p.m., October 14—November 18 (no 11/11), \$25. <https://>



Grades 6 - 8



Note— *current memberships required for participation.

INTRAMURAL BASKETBALL LEAGUE –

Fall intramural league for 5th – 8th graders. Games played on Friday nights AND Saturday mornings. League games include drills before each game. Teams drafted on September 30 & Oct. 1. 5th & 6th graders come Friday, 9/30, 6:30 - 7:15 p.m. & Saturday, 10/1, 9:30 - 10:30 a.m. while 7th & 8th graders come Friday, 9/30, 7:15 - 8:15 p.m. and Sat., 10/1, 10:30 - 11:30 a.m.. Games played through December 9, \$100. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29860

MIDDLE SCHOOL SKILLS & DRILLS

Coed Basketball clinics for 6th – 8th graders to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program on Tuesdays 4:45 – 6:00 p.m. Begins September 20- October 18, 5 week session, \$50.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information.

NANCY DREW MYSTERY BOOK CLUB

CLUB –Who: Girls 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:00 – 3:45 p.m. –8 weeks, October 12 – December 7 (no 11/23) \$40. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29978

FIDELITY HOUSE KINGS FALL AAU-

AAU Basketball program for players who want to Play More Hoop in a competitive environment. Weekly practices, skills & drills clinics, scrimmages and tournaments are included. September thru November Program. Spring AAU begins in March.

PERIODICALLY... special events and trips offered for the 6th – 8th grade age. Our weekly newsletter, website highlight scheduled trips. Advance registration is required.

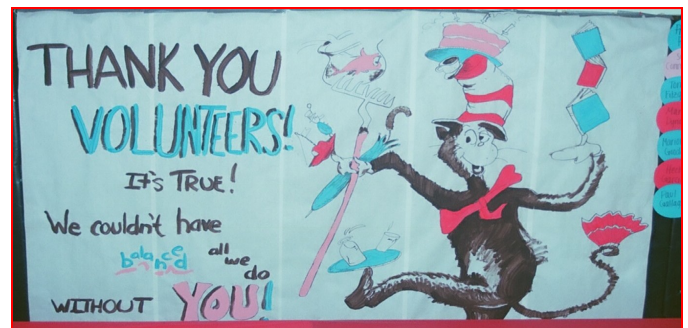
ONGOING...Membership or Guest Fee required.

GYM TIME- Times to be posted.

DROP-IN GAME ROOM- Open Tuesday thru Friday 2—5:30 p.m., Friday nights, 5:30



Adults- If you are interested in helping out short term or long term, please, give us a call at 781-648-2005.



High School



HIGH SCHOOL SKILLS & DRILLS- Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Program on Mondays 5—6:30 p.m. Begins September 19 – November 21 (no program October 10), 9 week session, full session or drop in options. Flyer describing times and fees available at Fidelity House. A Turkey Tune up 3 day program (Nov. 25 –27) will also be offered.

https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29847



FALL HIGH SCHOOL LEAGUE – Fidelity House hosts a league for high school age players. 10 teams participate. Games are played on Sundays, September 18 thru November 20.

VOLUNTEER EXPERIENCE- Thinking of working with children or a sports-related career your future? Opportunities to gain experience and/or fulfill your school community service requirements! Give us a call! Please note,

we will be prioritizing the health of our community and limiting volunteer contact accordingly.



Mark your calendar!

Saturday, -Sept. 17, Arlington Town Day Festivities.
VOLUNTEERS NEEDED & APPRECIATED

KMG Night- Friday, Sept. 23, 7—9 p.m.

Tuesday - Oct. 11—15 - OPENING WEEK of OPEN RECREATION PROGRAM

Preschool/Tot Halloween Party– Monday, Oct. 31, 10:30—11:30 a.m.

Friday, Nov. 11– Full Day Programs offered for Kindergarten and up & Play More Hoop Clinic offered

Thursday, November 24- Building Closed for Thanksgiving

High School Turkey Tune up Basketball clinic Friday through Sunday, Nov. 25 –27

Winter School Break, December 27, 28, 29, & 30 -Full Day Programs offered for Kindergarten and up, 2 day Play More Hoop Clinic

December 24, 25, 26 - Building Closed for the Christmas Holiday

VISIT OUR WEBSITE, www.fidelityhouse.org and READ OUR WEEKLY NEWSLETTERS TO GET THE LATEST UPCOMING EVENTS.

ADULTS

MENS' BASKETBALL LEAGUE – Games played on Tuesday evenings. Teams/individuals may sign up. Team fee = \$900. Leagues year round. https://fidelityhousema.myrec.com/info/activities/program_details.aspx?ProgramID=29839

ADULT VOLUNTEERS- If you are available to help out short term/long term or seasonal, please call.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please give us a call.

We're a Non-Profit Community Center!



We can ALWAYS use your support!!!

All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon, Longest Night Luminary Sponsorship, Easter and Mother's Day Flower Sales, Annual Fundraiser/ Auction and Fidelity House Golf Tournament*

Supporting *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.

Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!



Wish List List A New GYM! Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, Nintendo Cube./Video Systems.

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

If there is a program you would like to see offered or if you have a talent you might like to share with other, please, give us a call!

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

GYM RENTALS- *Limited* times available for Rentals, usually in 1.5 - 2 hour blocks. Ongoing or 1 time use. Call for details.



RENTALS of FIHO 2- FiHo 2, our childcare building located at 51R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks. Give us a call at 781-648-2005. The FUN is already built in!



Karaoke



5th – 8th
graders

Moonbounce

Games **NITE!**

Friday, Sept. 23, 7 p.m. – 9:30 p.m.

Compete on the Obstacle Moon bounce, sing your hearts out on the Karaoke, play some games and RACK up the points! At the end of the night, ONE will be the GRAND PRIZE WINNER but all will have fun!

SIGN UP thru Weds, Sept. 21 = \$8 members, \$12 guests.....

Thurs & Friday, Sept. 22 & 23 Registrations = \$10 members, \$14 guests

3rd Annual **FIDELITY HOUSE, 25 Medford St, Arlington, MA**



"LIGHT UP A CHILD'S FUTURE"

**LUMINARY
WALKWAY!**



Light the Night and help light up a child's future!

Fidelity House will be *lighting* up our walkway with luminaries

leading up to the **l o n g e s t** night of the year, December 14th– 21st!

Honor the **past** & **present** while helping childrens' **futures** and sponsor a luminary!

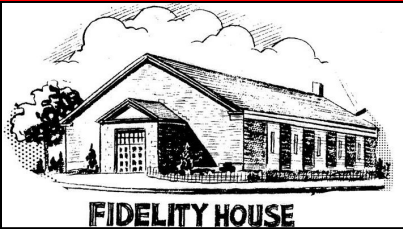
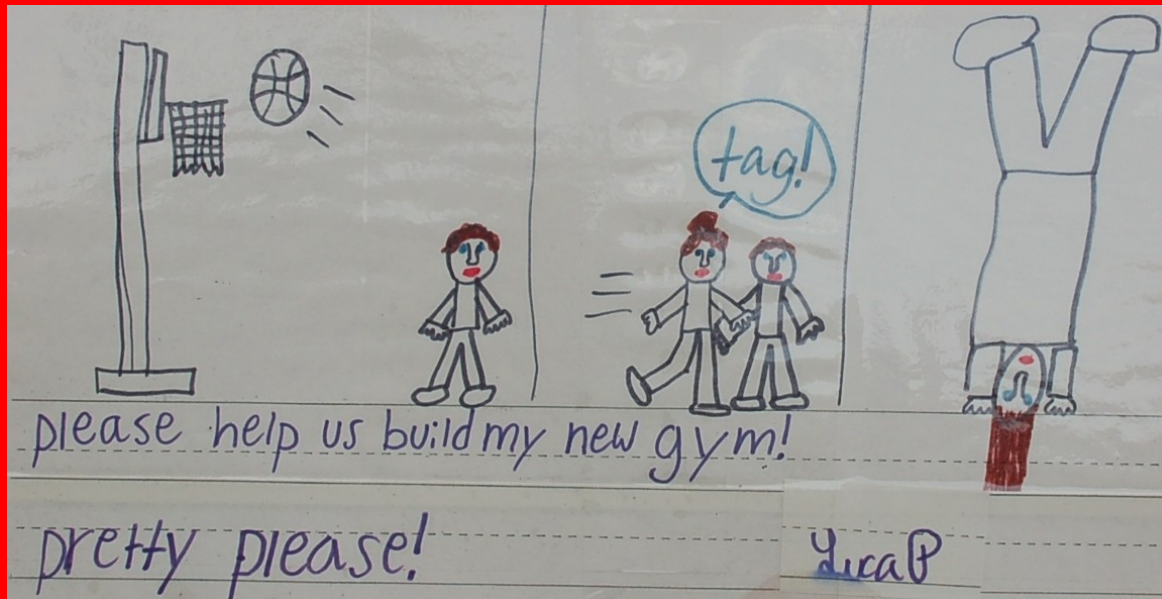
Go to **FIDELITYHOUSE.ORG**



to Sponsor in **Honor of**, **In Memory Of** or **Simply Support Childrens' futures!**

****Don't forget to Walk or Drive by Fidelity House
December 14 through December 21 after dark!**

CAPITAL CAMPAIGN
YESTERDAY, TODAY & TOMORROW



It's time to rebuild the gym and update Fidelity House for future generations, brick by brick, with the help of our past and present generations that have made Fidelity House so unique.

LEARN about our **PLANS**...brochures available or call for a meeting....

DONATE! Donations can be made at Fidelity House, mailed to 25 Medford Street, Arlington, MA 02474 or online at www.fidelityhouse.org.

Did you come here when you were younger?



We're looking for you!

Fidelity House is interested in organizing some Last Blast events for alumni! Email us at fidelityhouse@fidelityhouse.net.



FIDELITY HOUSE

FOUNDED IN 1955

CAPITAL CAMPAIGN

Help us BUILD for the future!

**D
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LOVE FIHO?

SPREAD THE WORD!

I went to **PRE-SCHOOL** there! I still have friends I met there!

GREAT PLACE to play **BASKETBALL**

Days off from school *never* bother me, they always have a program for my kids!

DAY CAMP WAS THE BEST!! I learned to **SWIM** at Camp!!

I wish I could go on all the Trips my children go on!!

It's the Best kept secret in Arlington!!!

I went to all the Fidelity House **DANCES.....** LOVED them!!!

YOUR recommendations

are **VERY IMPORTANT** to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005
WWW.FIDELITYHOUSE.ORG