FIDELITY MAN HOUSE

FOUNDED IN 1955

25 Medford Street, Arlington, MA 02474 51R Medford Street, FIHO 2 location

www.fidelityhouse.org 781-648-2005

fidelityhouse@fidelityhouse.net

Edward F. Woods,

Executive Director Spring 2022

WE ARE A NON-PROFIT COMMUNITY/YOUTH CENTER!

Programs offered for Youth, Preschool through High School, and Adults.

















DONATE to the Fidelity House Capital Campaign!

CAPITAL CAMPAIGN
BUILDING ON TRADITION



www.fidelityhouse.org

Edward F. Woods Executive Director

Fidelity House is a NON-PROFIT center! All contributions are tax-deductible Winter 2022

UPCOMING DATES 2022

Family Lego Block Party OPEN HOUSES—Sat, March 19 (& Tues, March 22)

Basketball MARATHON- Saturday, March 26

Family BINGO Night-Friday, April 8

FiHo "GET SPOTTED DAYS" - Sat., April 9 & May 14

EASTER FLOWER SALE- THURSDAY thru SUNDAY, April 14—17

25th Annual Appreciation Night - Sunday, May 1

Mother's Day FLOWER SALE- THURSDAY thru SUNDAY, May 5 - 8

Electronic Recycling Fundraiser Sat, May 14

FIHO FUN FAIR- Sat, June 4



CLOSE the GAP! Join our Capital Campaign and be a part of our future.

We are this close to breathing new life into our well used building thanks to the support of many loyal supporters! **DONATE!** Donations can be made at Fidelity House, mailed to 25 Medford Street, Arlington, MA 02474 or online at www.fidelityhouse.org



WHAT IS FIDELITY HOUSE? Fidelity House is a non-profit community center that has been serving the needs of Arlington and surrounding communities for the past 66 years! We offer programs for kids of all ages and aspire to fit the many needs of our community. Our programs are designed to offer participants a chance to develop skills while having fun.

Registrations for any of these programs are taken at the Fidelity House office. We are also happy to answer any questions you may have or mail information at your request.

TODDLER - 1ST GRADE

45 years! PRESCHOOL PROGRAM The Preschool, now in its 45th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30 a.m.-12:30 p.m., 8:30—3:30 p.m. or 8:30 a.m.-5:00 p.m. The Preschool is licensed

under the guidelines of the Department of Early Education and Care (EEC). Brochures describing our Preschool in detail are available at our office or on our website.





PREKINDERGARTEN PROGRAM This advanced Preschool program is an educational environment where children 4 through 5 years old learn and develop their educational, emotional, physical and social skills. The program is offered weekday mornings from 8:30-12:30 p.m., 8:30—3:30 p.m. or 8:30 a.m.- 5:00 p.m. Register for 2 - 5 days/week. Brochures describing the program in detail are available at our office or on our website.

GYMNASTICS –Established Gymnastics program combining tumbling, balance, flexibility & fun! Classes are offered for preschool (ages **3-5**) & Kindergarten & 1st grade age. Flyers describing the program in detail are available.

Tot SPORTS ACADEMY - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. **Program is offered 12:30 - 1:15 p.m.**

Basketball – Mondays. The sport of basketball will be introduced with various drills and games to learn the basics of dribbling, passing, shooting, teamwork and exercising. February 28 – April 11, 7 weeks, \$56. New session April 25—May 23, 5 weeks, \$40.

Floor Hockey– Wednesdays. The players will learn how to shoot, stick handle and have fun in a safe environment, March 2 – April 13, 7 weeks, \$56. New session April 27—May 25, 5 weeks, \$40.

Soccer—**Fridays.** The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. March 4 – April 8, 6 weeks, \$48. New session April 29—May 27 (no May 6), 4 weeks, \$32.

SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Kindergarten & Grade 1 meet from 3:15—4 p.m.

BASKETBALL begins Friday, March 4 – April 8, 6 weeks, \$50, \$15 SACCP fee. New session Friday, April 29—June 3 (no May 6), 5 weeks, \$40. \$10 SACCP fee

FLOOR HOCKEY begins Tuesday, March 1 – April 12, 7 weeks, \$60, \$20 SACCP fee.

INDOOR SOCCER begins Wednesday, March 2—April 13, 7 weeks, \$60, \$20 SACCP fee. New Session April 27—June 1, 6 weeks, \$50, \$15 SACCP fee.

WHIFFLE BALL begins Tuesday, April 26—May 31, 6 weeks, \$50, \$15 SACCP fee.

NEIGHBORHOOD BASKETBALL LEAGUE- Saturday Mornings + Sunday Afternoons league. Each session will include an individual skills clinic, team drills and game. Kindergarten thru 2^{nd} graders attend Saturdays 9 - 10 a.m. and Sundays, 1 - 2 p.m. February 19 —April 10, \$120 new players (includes reversible jersey), \$100 returning players per session.

"PLAY MORE HOOP" BASKETBALL CLINICS- Fun with a purpose on school holidays! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged.

Program offered for 6—12 year olds, 9 a.m. – 12 noon April Vacation Week, April 19—22, \$120, \$40 for individual days.

Tot Time Looking for a place to bring your child to burn off some of their energy, make new friends and just have fun? Toddler - 4 years olds. We offer a 1 hour Structured activity time designed to develop the fine/gross motor & social skills. Parent/Caregiver remains with child. It's also a great chance for the caregivers to expand their network of friends and exchange mutual experiences. Mondays, 10:30-11:30 a.m. February 28 – April 11, \$60 for 7 weeks, \$10 drop in fee.

SCHOOL AGE CHILD CARE

The School Age Child Care Program (SACCP), **established in 1984**, provides a safe and creative environment for school age children in Kindergarten through 6th grade. The program is fully licensed and follows the guidelines of the Department of Early Education and Care.

Parents have the option of enrolling in either

our After School Program,

our Full Day/Vacation/No School Program or

BOTH After School & Full Day Programs



The SACCP After School Program is based at Fidelity House. Hours are from 2-6:00 p.m., Monday through Friday during the school year. The program also provides coverage during school early release days. The program consists of: arts & crafts, sports, table games, group games, trips, cooking classes and special events. Youth in this program may also register for the age appropriate sports/special interest seasonal programs that are offered during the times they attend. A nutritious snack is served daily. Transportation from Arlington public schools to Fidelity House is available. Brochures describing this program in detail and the registration information are available at Fidelity House.

The SACCP Full Day/Snow Day Program We offer Full Day Programs from 8:00 a.m. – 6:00 p.m. any time school is not in session. Full Day coverage includes school holidays, vacation days, snow days and teacher conference days. Families registered in this program then have the option to choose which days they would like their child to participate in. Special local trips and special events are planned for those days.



The School Age Child Care Program Daily After School Schedule & Activities

2:15 Arrival / Snack / Play Time

3:00 Meeting and Choice Activities (See activities below)

4:00 Specific Age Group Activities (See activities below)

5:00 Quiet games, Choice Time, Clean-up

6:00 Close of Program

We feature a variety of activities including:

Arts & Crafts Special events

Sports-indoor/outdoor Chess

Computer time Gymnastics
Science activities Cooking
Homework Club Field trips
Contests & Games Music

Trips to local parks & More!



Youth attending this program also have the opportunity to register in the sports/ special interest programs outlined in our seasonal brochures that are offered during your child's attended hours.

STAFF



Our program is supervised by Department of Early Education and Care (EEC) qualified

staff who are dedicated to the well-being and safety of the children.

The staff is composed of college graduates and undergraduates with a wealth of experience working with children.



OPEN RECREATION



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SPRING MEMBERSHIP OPTIONS

A membership form needs to be filled out for each child

5th grade & up \$25.00

One Day Guest Fee = \$5.00

SPRING MEMBERSHIP HOURS

GRADES 5 - 12

*Friday evening 6:30 p.m. - 10 p.m.

* Friday nights not open April 8, April 15 & May 6 due to special events and fundraising events in gym.

Saturday 9 a.m.-3:00 p.m. March 19 will only be open 9—12. Saturdays not open March 26, April 16 & May 7 due to special events and fundraising events in gym.

NEW 6th-9th Grade

starting

MEMBERSHIP

MARCH 1

6th—9th graders \$25.00

Hours offered 2:15 p.m. - 6:00 p.m., Tuesday—Friday

The Weekday membership offers

Open Gym use 2:15—3:15 p.m.

Main Floor Use/Homework Area-Help 2:15—6

6th—9th grade Programs are offered daily that

require a weekday membership

between the hours of 3:15-5:30*

Programs include Running, Spring Training,

Fitness & Conditioning, Volleyball & Soccer

(*see 6th—9th grade page for specific program descriptions, dates/times and program fees)



These are special interest youth programs offered for both our school age child care participants and registered $2^{nd} - 5^{th}$ grade youth attending *during* the scheduled class time. Please plan accordingly.

K– 5TH GRADE NEIGHBORHOOD BASKETBALL LEAGUE- Saturday Mornings + Sunday Afternoons league. Each session will include an individual skills clinic, team drills and game. 2^{nd} graders attend Saturdays 9-10 a.m. and Sundays, 1-2 p.m., $3^{rd}-5^{th}$ graders attend Saturdays 10-11 a.m. and Sundays, 2-3 p.m. February 19—April 10. \$120 new players (includes reversible jersey), \$100 returning players per session.

2nd— 5th GRADE SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Grade 2 meet from 3:15—4 p.m. Grades 3 – 5 meet from 4 – 4:45 p.m.

BASKETBALL begins Friday, March 4 – April 8, 6 weeks, \$50, \$15 SACCP fee. New session Friday, April 29—June 3 (no May 6), 5 weeks, \$40. \$10 SACCP fee

FLOOR HOCKEY begins Tuesday, March 1 – April 12, 7 weeks, \$60, \$20 SACCP fee.

INDOOR SOCCER begins Wednesday, March 2—April 13, 7 weeks, \$60, \$20 SACCP fee. New Session April 27—June 1, 6 weeks, \$50, \$15 SACCP fee.

WHIFFLE BALL begins Tuesday, April 26—May 31, 6 weeks, \$50, \$15 SACCP fee.

** Please note — School Age Child Care Participants sign up for a reduced fee if attending the day of the program.

"PLAY MORE HOOP" BASKETBALL CLINICS - - Fun with a purpose on school holidays! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Program offered for 6—12 year olds April Vacation Week, April 19—22, \$120, \$40 for individual days.

GYMNASTICS - Established fun program for over 25 years! Classes are offered thru 6th grade. Tumbling, bar work, flexibility and conditioning are stressed. Flyers describing the program are available.

MENOTOMY MANOR- Transportation is provided throughout the year to children living in Menotomy Manor. On site program on Thursdays. Parents are asked to call for further information.

NANCY DREW MYSTERY BOOK CLUB – Who: GIRLS 2rd – 6th grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. Where: Fidelity House When: Wednesdays, 3:15 – 4 p.m. March 2 – April 13, 7 weeks, \$35, \$10 SACCP fee.

CHESS CLUB- The Chess Club gives kids an opportunity to play friendly games of chess against their peers in a low-stress environment. Fridays, 3:15—4 p.m., March 4—April 8, 6 weeks, \$30, \$10 SACCP fee.

BADMINTON CLUB- Are you interested in learning badminton, but have never played before? Join this beginner level club and learn the basic fundamentals and start to play! Offered Mondays, 3:15—4 p.m., March 7—April 11, \$40, \$15 SACCP fee, New Session April 25—May 23, 5 weeks, \$30, \$10 SACCP fee.

ARCHERY— This fun, recreational program for grades 2—5 will feature weekly drills and skills and use various targets to become better archers! Thurs, 3:15—4 p.m., March 3—April 7, 6 weeks., \$50, \$20 SACCP fee, April 28—June 2, 6 weeks, \$50, \$20 SACCP fee.

RUNNING CLUB- Grades 2-5. Stretching, endurance & sprint running and fun are incorporated into the program. Offered Mondays, 3:15—4 p.m., March 7—April 11, 6 weeks, \$40, \$15 SACCP fee New session April 25—May 23, 5 wks. \$30, \$10 SACCP fee.

A current SPRING MEMBERSHIP is required for 5th graders for the following

DROP-IN GAME ROOM, OPEN RECREATION ACTIVITIES- Friday 6:30 – 10 p.m. for 5th grade and up & Saturday 9 a.m. -3:00. The room is equipped with pool tables, ping pong, chess, cable TV & video games. * Please *note Open recreation page for days not open due to special events and fundraising events*.



A current SPRING MEMBERSHIP is required for the following

DROP-IN GAME ROOM, OPEN RECREATION ACTIVITIES- Friday 6:30-10 p.m. for 5th grade and up & Saturday 9 a.m. -3:00. The room is equipped with pool tables, ping pong, chess, cable TV & video games. * Please *note Open recreation page for days not open due to special events and fundraising events*.

BASKETBALL NUTS LEAGUE—Intramural Basketball League for 6th—9th grade played on Friday nights, 6:30 or 7:30 p.m. March 4—April 1. Scrimmages & draft on Friday, March 4, 6:30—7:30 p.m. 4 team league plays each team one time and concludes with finals/consolation game on April 1. 5 weeks, \$30.

VOLUNTEER CLUB- Grades 6-8. This is Fidelity House's Youth Board of Directors. Members help shape the future of Fidelity House, help out with varied activities and plan group trips. Call for more information.

"PLAY MORE HOOP "BASKETBALL CLINICS - Fun with a purpose on school holidays! This program is geared towards youth that love bball and want to become better players! All levels of players will be challenged. Program offered April Vacation Week, April 19—22. No additional spring membership required for this program.

RUNNING CLUB- Grades 6-8. Stretching, endurance & sprint running and fun are incorporated into the program. Offered Weds, 3:15—4 p.m., March 2—April 13, 7 weeks, \$ 40. New session April 27—June 1, 6 wks. \$40.

FITNESS & CONDITIONING- Strengthening & conditioning program for 6th—8th graders offered on Tuesdays, 3:15—4 p.m. March 1—April 12, 7 weeks, \$40. New session April 26—May 31, 6 wks., \$30.

SPRING TRAINING– Fri, 4:45– 5:30 p.m. 6th – 8th grade baseball weekly segments will cover throwing/catching, bunting/base running, infield, outfield and team drills. Program is offered Fridays, 4:45–5:30 p.m., March 4—April 1, 5 weeks, \$25.

VOLLEYBALL 6th—8th grade program includes games and drills to teach/improve volleyball skills. Thurs, 4—5 p.m., March 3—April 7, 6 weeks, \$ 30. New session April 28—June 2 (no May 5), 5 weeks, \$ 25.

6TH—8TH GRADE SOCCER— Improve your soccer skills while having fun! 6th—8th grade program on Weds, 4:45—5:30 p.m., March 2—April 13, 7 weeks, \$40, new session April 27—June 1, 6 weeks, \$30.

NANCY DREW MYSTERY BOOK CLUB – Who: GIRLS $2^{rd} - 6^{th}$ grade What: **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. Where: Fidelity House When: Wednesdays, 3:15-4 p.m. March 2- April 13, 7 weeks, \$35

GYMNASTICS - Established fun program for over 25 years! Classes are offered thru 6th grade. Tumbling, bar work, flexibility and conditioning are stressed. Flyers describing the program are available.



High School



HIGH SCHOOL GYM TIME-Monday-Friday, 2:15 -3:15 p.m. Other times to be posted. Membership or guest fee required.

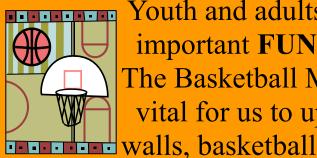
Grades 9—12 SKILLS & DRILLS CLINICS—Basketball clinics to improve individual skills, overall conditioning and guide you on what to work on with your own workouts. Offered on Tuesdays, 5:00—7 p.m. \$10 drop in fee. Flyers describing program, fees available at Fidelity House.

<u>VOLUNTEER EXPERIENCE</u>- Thinking of working with children or a sports-related career in your future? Opportunities to gain experience and/or fulfill your school community service requirements. Give us a call!

Basketball Marathon







Youth and adults take part in this important **FUNdraiser!**

The Basketball Marathon is vital for us to upkeep the gym floor,



walls, vaskcivali

FIDELITY HOUSE 25 Medford St, Arlington 781-648-2005

FAMILY

Fun for the whole family!



FRIDAY, APRIL 8

from 6-8pm

NIGHT

PIZZA & DRINKS GO ON SALE at 5:30 p.m.....
BINGO begins at 6:00 p.m. Prizes awarded for each game
Popcorn, surprise bags & more!!! Join the FUN!!

"No amount of money or success can take the place of time spent with your family."



Come to the Fidelity House

HOUSES & join in our

FAMILY CEGO BLOCK PARTY!

Saturday, March 19, 1 - 3 p.m.



You're invited to our OPEN HOUSES for our 2020-21 Preschool/PreKindergarten Programs,

*an additional weeknight Open House (no block party) for Preschool/Prekindergarten & School Age Child Care programs will also be offered for Tuesday, March 22, 6 - 7:30 p.m.

School Age Child Care Program

and Summer Day Camps! While you're here, join in on a giant lego block" party in our gym. Information for you, fun for your child!

Call Fidelity House with questions, 781-648-2005 <u>www.fidelityhouse.org</u> 25 Medford Street, Arlington, MA

FIDELITY HOUSE DAY CAMP is going to COLLEGE!

REGIS COLLEGE, Weston, MA is our LOCATION for Gr. 2 - 8 CAMP!





A NEW ADVENTURE awaits this

summer!

Brochures available!











Help Send a Kid to Summer Day Camp!

YES, I would like to support the Fidelity House SUMMER 2020 CAMPERSHIP FUND. Enclosed is my contribution

NAME		Red Cross Swim
Address	Town	Zip
50 5100 5150	\$300 \$400	OTHER \$





ALL PROCEEDS SUPPORT OUR

YOUTH

PROGRAMS

FLOWER SALE

THURSDAY thru SUNDAY, April 14—17
TULIPS, EASTER LILIES,
MUMS, DAFFODILS, HYACINTHS,
CUT BOUQUETS, CENTERPIECES & MORE

Flowers are sold inside our Fidelity House GYM and at outdoor stations. Hop on by!!





FIDELITY HOUSE OPEN in Memory of Vin Culhane Golf Tournament Monday, July 18, 2022



Of COURSE, I'll GOLF! It's for the Kids at FIHO!!!

Don't golf? - Help sponsor a hole, donate or volunteer!

MOTHER'S DAY FLOWER SALE





THURSDAY thru SUNDAY, May 7—10



POTTED PLANTS, HANGING PLANTS, ROSES, CUT BOUQUETS & MORE

Flowers are sold inside our Fidelity House GYM and at outdoor stations. Stop on by!!

Fidelity House's



ELECTRONICS RECYCLING FUNDRAISER

Saturday, May 14th

9am - 1pm



ITEMS WE RECYCLE: keyboards, laptops, tv's, computer mice, cell phones, speakers, video games & systems, printers, copiers, all white goods including refrigerators, freezers, water heaters, stoves, dishwashers, washers & dryers, toasters, hair dryers, microwavespretty much anything you can plug in!

COST: A fee is charged for TV's, Large Appliances , Monitors, Laptops, Air Conditioners

Clean out those offices, basements and closets and help Fidelity House at the same time!

Fidelity House is located at 25 Medford Street in Arlington-FOLLOW THE SIGNS FOR DROP OFF AREA.



Moon Bounce Face Painting Cookout

Fun Games Popcorn Cotton Candy & more!

RAIN DATE Sunday, June 5, 1 – 4 p.m.



MENS' BASKETBALL LEAGUE – Current league plays on Tuesdays. New league starts with games on Tuesdays at the beginning of March. Teams/individuals may sign up. Team fee = \$850, individual fee = \$100.-Leagues year round.

ADULT VOLUNTEERS ARE BACK! If you are available to help out short term/long term or seasonal, please call.

SENIORS PASS IT ON- Senior Citizens interested in passing on a skill to youth, please give us a call.

ADULT PROGRAMS— Have an idea or program that you would like to see offered? Please contact us at 781-648-2005.



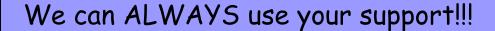
Give us a call at 781-648-2005. The FUN is already built in!

MEETING, EVENT SPACE- Secure a space for your organization to meet! Short-term & Long-term Rentals available. Ongoing or 1 time use. Call for details

GYM RENTALS- *Limited* times available for Rentals. Ongoing or 1 time use. Call for details.

RENTALS of FIHO 2- FiHo 2, our childcare building located at 51 R Medford Street, is available for Birthday/Celebration Rentals. We offer 3 hour time blocks.

We're a Non-Profit Community Center!





All proceeds support our Youth Programs! We appreciate all your support with our annual *Basketball Marathon*, *Longest Night Luminary Sponsor-ship*, *Easter and Mother's Day Flower Sales*, *Annual Fundraiser/Auction and Fidelity House Golf Tournament*

Supporting Fidelity House's *Financial Aid Fund* will allow children to participate in our Fidelity House programs at a reduced fee.

Memorial Donations are gratefully accepted.

Commemorative Birthday & Anniversary donations are acknowledged and appreciated. Please, call our office for details and make your tax-deductible gift today! It all helps!!

Wish List A New GYM! Outdoor playground houses, fans, moon bounce fans, arts & crafts supplies including paper towel/tissue tubes, legos, decks of cards, office supplies, chess sets, Nintendo Cube.

Fidelity House is open year round & can always benefit from those loved /but never-used-at-your-house-anymore supplies!

If there is a program you would like to see offered or if you have a talent you might like to share with other, please, give us a call!

"SEA" you this SUMMER



Mural made by all the Groups in our School Age Child Care Program, June 2021

FIDELITY HOUSE SUMMER PREVIEW



*Fidelity House's 67th season of DAY CAMP for 2nd – 8th graders

*PRESCHOOL Summer Program 2.9 – 5 year olds

* KINDERGARTEN, FIRST GRADE DAY CAMP for kids going into kindergarten and 1st grade

*JUNE FULL DAYS for kids in Kindergarten – 13 year olds

*AUGUST ADVENTURE WEEKS for kids going into 2nd—8th grade

+ WEEK LONG BASKETBALL CAMPS & Special Interest Summer Programs

WE <u>ALWAYS</u> OFFER PROGRAMS in the SUMMER from the FIRST DAY of SUMMER VACATION until the FIRST DAY of the NEW SCHOOL YEAR!!-. Call or go online for our SUMMER BROCHURES available now!







One Magical Night!
Where TRADITION & FUTURE converged





SUNDAY, MAY 1, 2022



Music



Evening Highlights

Live Auction

Silent Auction

Cash Bar/Hors d'oeuvres

.... A chance to MEET with friends again and be part of One Magical Night! where Fidelity House's Tradition & Future converge!



HOW CAN YOU HELP

Attend the festivities, become a sponsor, advertise, donate a live or silent auction item!

FIDELITY HOUSE

25th Annual Appreciation Night 25 Medford Street, Arlington www.fidelityhouse.org 781-648-2005

LOVE FIHO?

PRESCHOOL
there! I still have
friends I met there!

GREAT
PLACE to
play
BASKETBALL

DAY CAMP WAS
THE BEST!! I learned
to SWIM at Camp!!

I went to all the Fidelity House

DANCES...
LOVED them!!!

I wish I could go on all the Trips my children go on!!

Days off from school *never* bother me, they always have a program for my kids!

SPREAD THE

It's the Best kept secret in Arlington!!!

YOUR recommendations

are VERY IMPORTANT to our programs!!