

FIDELITY HOUSE NEW

Sept. 29,
2026**STARTS this WEEK!****FALL REGISTRATIONS are going on now!**

GIRLS GRADES 2 – 5 SKILLS & DRILLS- Basketball clinics for 2th – 5th grade girls to familiarize them with the game of hoop and improve their individual skills while playing with their friends. Program on Mondays, 4:00—4:45 p.m. Starts September 28.

GR. 2-5 SPORTS ACADEMY Game fundamentals, drills & sportsmanship are incorporated into games. Grades k – 1 meet from 3:30 – 4, Grades 2—5 meet from 4—4:45 p.m. **WHIFFLE BALL**—Tuesdays—begins September 29 **INDOOR SOCCER**—Weds—begins September 30. **KICKBALL**—Fridays- begins October 2. **BASKETBALL** begins Friday, November 6.

RUNNING CLUB - Stretching, running games and varying length runs for 2nd—5th graders, Mondays. 3:30—4 p.m., Starts September 28.

GAGA BALL —Fast paced kinder variation of dodgeball played in an octagonal pit on Thursdays, 4—4:45 p.m., 2– 5th grade, Begins October 1.

GYMNASTICS - Established Gymnastics program combining tumbling, balance, conditioning,



flexibility & fun! Program begins in October. Flyers describing the program in detail are available.

NANCY DREW MYSTERY BOOK CLUB —**Who:** Girls 2nd – 6th grade **What:** **Reading/ discussing Nancy Drew Books, solving mystery activities and training to be sleuths. **Where:** Fidelity House **When:** Wednesdays, 3:15 – 4:00 p.m. —begins October 7.



CHESS CLUB—The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment, Tuesdays, 4– 4:45 p.m., Starts October 6.



HALLOWEEN COLORING CONTEST- Fidelity House will be sponsoring a HALLOWEEN coloring contest with winners receiving *PRIZES* for their art work. All entry forms will be hung on the FiHo walls until judging. The deadline is OCT. 31.



Fidelity House PRESCHOOL/ PRE KINDERGARTEN PROGRAM

Limited openings

available. The Preschool, now in its 50th year, is an educational environment where children 2.9 years through 5 years old learn and develop their educational, emotional, physical and social skills. The hours offered are 8:30.a.m – 12:30 p.m., 8:30 – 3:30 p.m. or 8:30 - 5 p.m..(Early drop off option at 8 a.m.) Children may sign up for 1 – 5 days, Monday through Friday. The program encourages exploration, creativity, socialization and play in a teacher directed environment. The program is licensed by the Department of Early Education and Care. Flyers describing the program in detail are available.



Tot Sports Academy - Preschoolers 3- 5 years old will be introduced to the basics of sports in a fun way. Program is offered 12:30 - 1:15 p.m.

Basketball—Mondays. Preschoolers learn the basics of dribbling, passing, shooting, teamwork and exercising. Starts September 28. **Multi sports & Games Tuesdays.** The players will be introduced to sports & games in a safe environment. Starts September 29. **Soccer— Fridays.** The sport of soccer will be introduced in a fun atmosphere. Drills and games will be tailored for the preschool age. Starts October 2.

SUPERBOWL PREDICTIONS- Think you know your football? Have NO idea what teams are playing? Who cares- just give Lisa your predictions for this year's NFL season outcome and we'll find out at the end of the season who knows their stuff!! There are always bandwagon teams....but some teams may GROWL their way to the final game!



FALL FOR the OLDER CROWD

5th – 8th gr. INTRAMURAL BASKETBALL LEAGUE – It's not too late! Join this one of a kind league! Fall intramural league for 5th – 8th graders. Games played on Friday nights



AND Saturday mornings. League games include drills before each game.

ALL LEVELS of play, rookie or veteran, will thrive in this league. Sign up THIS WEEK- games start this weekend.



BASKETBALL SKILLS & DRILLS - Basketball conditioning program designed for 6th – 8th graders and high school age. Monday program starts Monday, Sept. 28 for both middle school age and the high school age. Drop in or full session sign ups allowed.

WITCH'S WOODS-

- 6th – 8th graders are invited to join in our Halloween trip to WITCH'S WOODS on Saturday, Oct. 17. Permission slips at FiHo or online. Come join us- you won't be disappointed.

ARE YOU AFRAID of the DARK MOVIES- *In keeping with the spirit of the Halloween season, Fidelity will be previewing Are you Afraid of the Dark episodes (a series originally shown on Nickelodean) on Friday Oct. 16 & 23. Showtime is at 7:00 P.M. 5th graders and up, drop by IF YOU DARE! A current membership or guest fee is all that is required for 6th graders and up to attend or participating in a Friday evening program for 5th graders.*



VOLUNTEER CLUB- What is the volunteer club? Come find out!! The V.C. is offered to members in **grades 6 & up**. The first meeting will be held THIS Sat., OCT. 3 at 1:00 p.m. and is OPEN TO ALL!! Just show up & we'll give you the 411 on what the VC actually is! In addition to meet the staff/beat the staff, monthly auctions, hot topic discussions & some surprises this year, members receive well deserved privileges.

OPEN RECREATION

Encompassing program is offered for youth in 6th grade and up. 5th grade open recreation hours are offered Friday evenings and Saturdays. Members combine an age appropriate drop-in recreational experience with structured programs tailored for their own interests and development. Scheduled gym time, age designated game rooms, special interest youth programs, an arts and crafts program, and special events are available. A **5th grade and up current**

membership is required for *all drop-in & some youth programs*. Members bring membership cards with them to check in.

Note- Opening Day is Tuesday, October 13.

Opening Weekend for 5th grade and up is Friday, Saturday, Oct. 16 & 17

GRADES 6 and up

Tues- Friday 2:15-5:30 p.m.

(note, No Mondays)

GRADES 5 and up

Friday evening 5:30 - 10 p.m.

Saturday 9 a.m.-3 p.m.

We **ENCOURAGE** you to **JOIN** our many programs offered throughout the year!

There are **lasting benefits** to staying active!

- *Meeting new friends
- *Trying new experiences
- *Obtaining new skills & perspectives
- *Health benefits

LOOKING for a GREAT JOB with KIDS?!

Fidelity House is looking for

Preschool LEAD Teacher
(EEC LEAD teacher certificate required)

School Age Child Care Group Leaders (18 years+)

Give us a call at 781-648-2005, email fidelityhouse@fidelityhouse.net or stop on by!

LOVE FIHO? SPREAD THE WORD!

I went to **PRESCHOOL** there! I still have friends I met there!

GREAT PLACE to play **BASKETBALL**

Days off from school *never* bother me, they always have a program for my kids!

DAY CAMP WAS THE BEST!! I learned to **SWIM** at Camp!!

I wish I could go on all the Trips my children go on!!

I went to all the Fidelity House **DANCES....** **LOVED them!!!**

It's the **Best kept secret** in Arlington!!!

YOUR recommendations are VERY IMPORTANT to our programs!!

FIDELITY HOUSE, 25 Medford Street, Arlington, MA 02474 781-648-2005
WWW.FIDELITYHOUSE.ORG