25 MEDFORD STREET, ARLINGTON, MA 02474 781-648-2005 www.fidelityhouse.org

## FIDELITY HOUSE NEWS

Jan. 14 2025





WHEN SCHOOL'S CLOSED- WE'RE OPEN- Just a timely reminder, Fidelity House School Age Child Care Program offers full day programs for kindergarten – 12 year olds on all days that there is no school including holidays, vacation weeks & snow days. The day is offered \*8 – 5:45 p.m.. (\*depending on travel restrictions).

A School Age Child Care Registration is required for the school year.. Stop by Fidelity House today & find out how you can be prepared for future vacation & snow days!



<u>Capital Campaign Challenge-</u> Fidelity House has served the community with many programs for children and adults since 1955. In 1955, the Mickey Mouse Club was started, the polio vaccine came on the scene, Elvis Presley, Bill Haley & the Comets & Chuck Barry and the Platters were all the rage, gas cost 23 cents a gallon, the average cost of a car was \$1,900, pocket transistor radios were first available, the average yearly wage was \$4130 and the average cost of

a new home was \$10,950! Yes, a lot has changed since Fidelity House started! The work has started but we're still working to close the gap! With your help, Fidelity House will be able to even better serve the needs of the community for many years to come. Donations and/or pledges can be mailed or completed by visiting <a href="www.fidelityhouse.org">www.fidelityhouse.org</a>. Thank you to all who have already donated! Please contact Fidelity House for further information.

**NEIGHBORHOOD BASKETBALL LEAGUE**- Offered on Saturday Afternoons, January 4 – February 8 (6 sessions) at Arlington Catholic. Each session will include an individual skills clinic, team drills and game. Kindergarten -  $2^{nd}$  graders attend 4 - 5 p.m.,  $3^{rd} - 5^{th}$  graders attend attend 5 - 6 p.m. NBL will use Junior Size basketballs to introduce basketball skills & proper technique. Grades K-2 will also use 8-foot hoops.



 $5^{th}$  –  $9^{th}$  grade OPEN GYM OPPORTUNITY- Fidelity House will be overseeing an OPEN GYM time for  $5^{th}$  –  $9^{th}$  graders this Saturday, January 25 from 6 – 8:00 p.m. A \$3 fee is requested & it is free for our Fidelity House Travel team players. We will be using the Arlington Catholic Gymnasium and all are asked to enter at the back of the school, directly

into the gym. Keep active this Winter.

**FEBRUARY VACATION is COMING!** Feb. 17-21..... Fidelity House will be offering upcoming full day programs for children in kindergarten – 12 years old. Some fun filled events as well as action packed days will be on the itinerary. Hours are 8:00 am – 5:45 pm. Register will be available at FiHo or online at <a href="https://www.fidelityhouse.org">www.fidelityhouse.org</a> soon. Sign ups can be by the day or week. Registration in advance is required. **PRESCHOOL** Half Day/Full Day Programs! STAY TUNED for DETAILS!!!











## JOIN THE FUN! ...limited openings available

**STRENGTH & CONDITIONING-** Strengthening & conditioning program for 2nd—6th graders offered on Tuesdays, 3:15–4 p.m., – February 11.

**GAGA BALL** –Fast paced kinder variation of dodgeball played in an octagonal pit on Tuesday, 3:15—4 p.m., k—2nd grade. —February 11.

**PILLO POLO/HOCKEY-** Pillo Polo is a popular recreation and physical education game that has been around for over 40 years. Pillo Polo has all the ingredients of floor hockey, but uses a lightweight Pillo Polo stick which features a foam head on the end for accurate contact with the ball. Offered for k—2nd grade Wednesdays, 3:15—4 p.m., -February 12.

**Gr. 2 – 6 CHESS CLUB-**The Chess Club gives 2nd—6th graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Tuesdays, 3:15—4 p.m.,—February 11.

**ARCHERY-** This fun, recreational program for grades 2—6 will feature weekly drills and skill games to become better archers! Tuesdays, 4—4:45 p.m.,—February 11.

**BILLIARDS/POOL CLUB-** This program is designed to introduce youth to the game of billiards (often referred to as pool), providing them with a fun environment to learn basic skills, practice shots, and participate in friendly competition. It will focus on understanding the game, developing hand-eye coordination, strategic thinking, and sportsmanship,. Offered for grade 2—6 on Wednesdays,, 1:30—2:45 p.m.. —February 12.

**POP UP PROGRAM-** One to two class POP UP Programs for kids will be offered periodically that are fun, offer a chance to try something new and do not require a big time commitment. Upcoming 3:15 – 4 p.m. program for Grades k -2, 4—4:45 p.m. programs for Grades 3—6 are Tuesday, February 4-February 11, Masking Tape Animals.

**POLAR BEAR FOOTBALL**—Flag Football games played on Fridays, 3:15—4 p.m., Outdoor activity, dress appropriately. Grades 2—6, Continues thru February 14.

**GIRLS IN THE HOUSE** –**Girls only action for** K—2nd grade, on Thursdays, 3:15—4 p.m., 3<sup>rd</sup> – 6<sup>th</sup> grade 4 – 4:45 p.m. Sports & group games will be incorporated into the fun. Continues thru February 13.

**YOGA-**Kids yoga for Gr. k—6 is a fun, exercise-based yoga class for children that incorporates poses, breathing, and creative activities to help children develop strength, flexibility, and coordination. Fridays, 3:15—4 p.m., thru February 14.

**CUP STACKING CLUB-** Yes, cup stacking, also known as sport stacking, is a sport! The goal of the sport is to stack and unstack cups as quickly as possible. It requires both speed, creativity and there are unlimited challenges associated with it. Offered for K—2nd grade, on Fridays, 3:15-4 p.m.,  $3^{rd} - 6^{th}$  grade at 4 - 4:45 p.m. Continues thru February 14.

**LEGO CLUB-** Design, build & finish your own/group lego creations working off a different theme each week. Offered Thursdays for Grades k -2, 3:15—4:00 pm, 4 - 4:45 pm. for Grades 3 - 6, thru February 13.

**K** – 1<sup>st</sup> gr. CHESS CLUB-The Chess Club gives K—1st graders an opportunity to play friendly games of chess against their peers in a low-stress environment. Offered Thursdays, 3:15—4 p.m., thru February 13,

**PING PONG CLUB**– Learn & improve ping pong skills while having fun and playing in tournament action. Offered on Mondays, 3:15—4 p.m., grades 3—6th grade. Thru February 10 (No 1/20).