

Office use Only Amount Paid \_\_\_\_\_  
Receipt Number \_\_\_\_\_  
Date \_\_\_\_\_

FIDELITY HOUSE GYMNASTICS Friday,, October 3 – Monday, December 15, 2025

Name \_\_\_\_\_ Age \_\_\_\_ Grade \_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

GYMNASTIC CLASS TIME/DAY \_\_\_\_\_

Parents Names \_\_\_\_\_ Mom Cell Ph. \_\_\_\_\_

Family Email \_\_\_\_\_ Dad Cell Ph \_\_\_\_\_

Emergency Name \_\_\_\_\_ Emer. Phone \_\_\_\_\_

(other than parent- parents always contacted first)

Activities at Fidelity House are well organized and supervised by staff and volunteers. As a parent or guardian, I hereby waive and release all rights & claims that I may have against Fidelity House, it's staff and directors for damages, injury or personal property loss incurred by my child while participating in Fidelity House activities.

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature- parent/guardian)

### EMERGENCY MEDICAL AUTHORIZATION

Any allergies or medications taken by above names person that we should be aware of

\_\_\_\_\_  
In the event that I cannot be reached in an emergency, I hereby give my permission to the physician at the nearest hospital to hospitalize, secure proper treatment for and order injections or anesthesia for my child as named above.

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature- parent/guardian)

# FIDELITY HOUSE

25 Medford St., Arlington, MA 02474

781-648-2005

[www.fidelityhouse.org](http://www.fidelityhouse.org)



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## GYMNASTICS FOR ALL

Fidelity House offers a well -established, inexpensive gymnastic program which strives to create a positive experience for all ability levels on all the apparatus. Classes stress improving the individual gymnast's skills while obtaining flexibility, strength, balance, self-confidence, safety awareness and instilling a love of the sport. Equipment available includes bar work, balance beams, vault table preparation and floor, tumbling area! No special uniform is required. Lisa Urben, Director of the program instructs the classes with the assistance of capable staff.

There is a separate info sheet for parents of preschoolers and Kindergarten/ 1st graders who are just starting out in the program. Please note that classes meet once a week, parents interested in a more rigorous schedule for their son/daughter are encouraged to seek out area private gymnastic centers.

**WHAT IS FIDELITY HOUSE?** Fidelity House has been serving the needs of Arlington & surrounding communities for the past 70 years. As times and needs have changed, so have we. Our current offerings include:

**PRESCHOOL** for children ages 2.9-5 y.o- openings available!

**PRE-KINDERGARTEN PROGRAM**

**SCHOOL AGE CHILD CARE PROGRAM** for Grades K-6 including After school & no school care

**YOUTH SPORTS/SPECIAL INTEREST**  
Grades 2- High School Limited programming during construction due to space constraints.

**FIDELITY HOUSE IS A  
United Way sponsored,  
NON PROFIT CENTER**



Fidelity House is in the midst of our gymnasium rebuild which should be completed at some point this Fall. The gymnastic Friday winter class schedule may change to accommodate changes in building programming.



## REGISTRATION INFO

The first edition of Fidelity House gymnastics for this school year is set to begin Friday, October 3 – Monday, December 15. The session will continue for 9 weeks for Friday and Mondays & 10 weeks for Saturdays. No classes for Mondays on October 13, Nov. 10, Fridays on October 31 & Nov. 28 and Saturdays on November 29.

Class sign-ups are done on a first come-first serve basis. PLEASE NOTE- CLASS SIZES ARE LIMITED AND FILL UP QUICKLY!! To insure a spot in the class, receipt of both the child program sheet and payment of class is required.

**MAKE-UP POLICY-** Due to time constraints, Fidelity House is unable to make-up any classes canceled due to inclement weather.



## CLASS SCHEDULE

**PRESCHOOL-** ages 3- 5 years old –  
Fridays, 12:45 – 1:45 p.m. = \$108.00  
Saturdays 9:30 -10:30 a.m. = \$120.00

### **KINDERGARTEN – 1<sup>st</sup> GRADE**

Mondays, 3:15 – 4:15 p.m. = \$108.00  
Mondays 4:15 – 5:15 p.m. = \$108.00  
Saturdays, 10:30 -11:30 a.m. = \$120.00  
**(K – 2<sup>nd</sup> grade for Monday, 4:15 – 5:15 p.m. & Sat. class)**

### **GRADES 2<sup>nd</sup> – 3<sup>rd</sup>-**

Mondays 5:15 – 6:15 p.m. = \$108.00

Please refer to the calendar handout for specific info about dates

### **GRADES 3<sup>rd</sup>- 6<sup>th</sup>**

Fridays, 3:30 – 4:30 p.m. = \$108.00

